

## NATIONAL REHABILITATION RESOURCE CENTER

APDA's National Rehabilitation Resource Center for Parkinson's Disease is located at the Boston University Sargent College Center for Neuro-rehabilitation. The Center is available to medical professionals and people with PD nationwide, serving as a central resource for information about PD-related rehabilitation and exercise. Through the Center's toll-free "helpline" (888-606-1688), callers can speak with a licensed physical therapist about PD-appropriate exercise and relevant programs in their area. Engaging in regular physical activity is an important way to maintain mobility in PD.

### For more information:

Boston University Center for Neurorehabilitation:  
Sargent College  
635 Commonwealth Avenue, 6th Floor  
Boston, Massachusetts 02215  
Exercise Helpline: 888-606-1688  
Email: [rehab@bu.edu](mailto:rehab@bu.edu)



## CENTERS FOR ADVANCED RESEARCH

APDA maintains eight Centers for Advanced Research at major US academic medical centers, where individual research grants and fellowships are awarded each year to experienced and promising young scientists. APDA has been a funding partner in major scientific breakthroughs in PD and has awarded more than \$46 million in research grants to date.

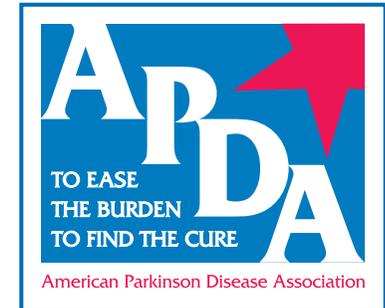
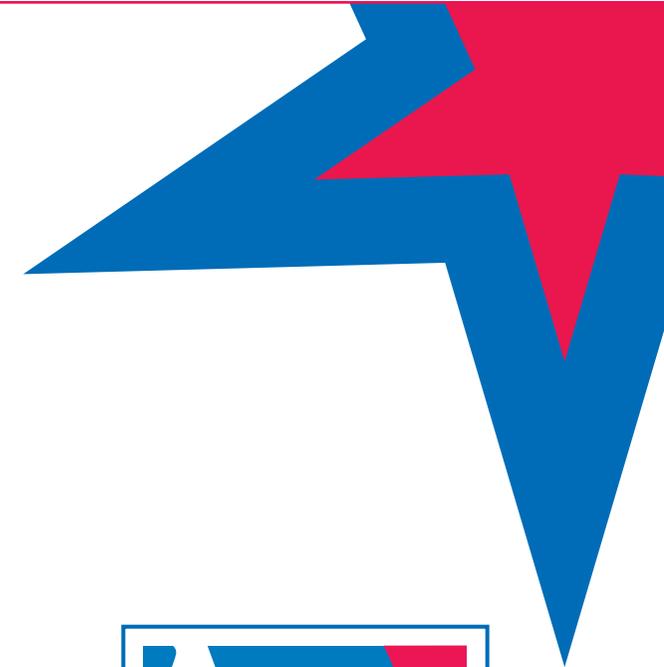


The Centers served more than 26,000 people with PD and received nearly \$800,000 to support research trainees, fellowship programs, and the publication of peer-reviewed manuscripts. In addition, the Centers have supported patient-oriented and basic scientific research at the forefront of PD investigations.

## APDA IN YOUR COMMUNITY

The American Parkinson Disease Association nationwide network provides information and referral, education and support programs; health and wellness activities; and events to facilitate a better quality of life for the Parkinson's community. It is this grassroots structure that distinguishes APDA from other organizations serving people with Parkinson's disease. For information and referral to clinicians who specialize in Parkinson's disease care, please see a list of our Information and Referral Centers and Chapters at [www.apdaparkinson.org/resources-support](http://www.apdaparkinson.org/resources-support).

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# SUPPORT SERVICES

For People with  
Parkinson's Disease

## ABOUT PARKINSON'S DISEASE

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Parkinson's disease (PD) is a progressive neurologic condition affecting more than one million people in the United States. PD most commonly occurs after the age of 50; however, up to 10% of individuals with PD will receive an earlier diagnosis and are considered to have "young onset PD." The newly updated American Parkinson Disease Association (APDA) PD Handbook provides a comprehensive description of PD signs and symptoms, as well as information about the possible causes of the disease and its many and expanding treatment options.

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**For more information:**

[www.apdaparkinson.org/](http://www.apdaparkinson.org/)  
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## PARKINSON'S DISEASE RESEARCH, EDUCATION AND CLINICAL CENTERS (PADRECC)

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The U.S. Department of Veterans Affairs (VA) established six PADRECCs throughout the United States. Each PADRECC delivers state-of-the-art clinical care, conducts innovative research, and offers outreach and educational programs to all veterans currently enrolled in the VA Healthcare System. Eligible veterans include those who have

been diagnosed with PD and those who have just started to notice PD-like symptoms. PADRECCs also treat veterans diagnosed with other movement disorders, like essential tremor. PADRECCs are located in Houston, TX; Los Angeles, CA; Portland, OR; Seattle, WA; Philadelphia, PA; Richmond, VA; and San Francisco, CA.

For veterans who cannot travel to a PADRECC, the VA offers more than 50 Consortium Centers around the country—VA clinics that offer specialized PD and movement-disorder specialty care. These Centers are staffed by movement-disorder specialists or clinicians with vast experience and interest in the field of movement disorders. These VA Consortium Centers work collaboratively with the six PADRECCs to ensure the highest level of care for all veterans.

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**For more information:**

[www.parkinsons.va.gov](http://www.parkinsons.va.gov)

or call the PADRECC/Consortium Hotline at **800-949-1001, x5769**  
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## AGENT ORANGE

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Veterans exposed to Agent Orange during military service may be eligible for an Agent Orange Registry health examination, healthcare benefits, and disability compensation. Vietnam veterans with PD or other diseases possibly associated with Agent Orange may claim benefits without having to prove that their conditions are due to Agent Orange exposure.

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**For more information:**

[www.publichealth.va.gov/exposures/agentorange/](http://www.publichealth.va.gov/exposures/agentorange/)  
or call 800-749-8387, x3  
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*Information and services can change. Please check the U.S. Department of Veterans Affairs website for the most accurate and up-to-date information.*

## NATIONAL YOUNG ONSET RESOURCES

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APDA's National Young Onset Center provides resources and information to help younger people with PD live active and productive lives. Our dedicated webpage, [www.apdaparkinson.org/national-young-onset-center/](http://www.apdaparkinson.org/national-young-onset-center/), offers a wide range of resource links and discusses issues that are particularly relevant to people with young onset PD, such as ongoing employment, parenting, and planning for the near and distant future.

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**For more information:**

Email: [young@apdaparkinson.org](mailto:young@apdaparkinson.org)  
or contact our helpline at 800-223-2732  
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## EMPLOYMENT

Explore career-related issues, including if and when to disclose your diagnosis to your employer and arrangements your employer may be required to make on your behalf.

## DISABILITY

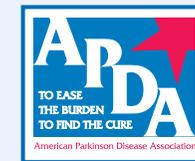
Educate yourself about the application process for Social Security Disability Income (SSDI) and how you might qualify for Medicare or other assistance programs to help cover healthcare costs.

## INSURANCE

Evaluate the different types of insurance, options after diagnosis, government plans, and options for the uninsured.

## FINANCIAL AND LEGAL ISSUES

Consider important planning issues, including budgeting, estate planning, powers of attorney, living wills, and guardianship.



**Ease the Burden –  
Find the Cure.**