



Parkinson's Disease Youth Education Day!

Nov 14, 2026

9:00 AM – 4:00 PM (lunch provided)

Drop-off begins at 8:30 AM

Madison, WI

Travel assistance available upon request

YCare Youth Day is a one-day program designed to support kids and teens who are impacted by a family member's Parkinson's disease. Many young people take on helping roles at home—or have questions and feelings about what their loved one is experiencing—but don't always have the information or support they need. **This program creates a space just for them.**

Through hands-on activities, simple education, and connection with other youth, participants will build confidence, learn what's happening in their family in an age-appropriate way, and feel less alone. Led by experienced health professionals, the day balances practical learning with fun, giving kids tools they can use now or in the future—while reminding them they're still kids first.

Is this for my child?

If your family cares for someone with Parkinson's disease, and includes kids (8–18), this day is designed for them. This includes children, grandchildren, and other relations. They maybe caring by:

- Helping around the house
- Noticing changes in a parent or grandparent
- Asking questions or feeling unsure about what's happening

Even if your loved one has passed away, your child is still welcome.

If you would like to register, ask any questions, or would like more information about the research training, please contact:

Kyle Webert at webertk@uwm.edu



Who can attend Youth Day?

All children and teens who have a family member with Parkinson's disease (parent, grandparent etc.) ages 8-18, and whose parent provides consent.

What will my child/grandchild be doing during the day?

With the help of trained healthcare providers participants will learn:

- Learn simple, age-appropriate caregiving skills so they feel more confident and less unsure
- A better understand of the condition and how it works
- Connect with other kids who "get it." This is often what kids say they need most
- Have fun in a supportive, low-pressure environment

What will the day look like?

The day is led by experienced health professionals and designed to be interactive, not clinical or overwhelming. Kids will participate in hands-on learning and have time to connect with their peers and the professionals in a fun environment.

What if my loved one with Parkinson's disease passed away, can I still bring my child?

Absolutely! We want all children and teens to come – regardless of whether they have a loved one currently living with Parkinson's disease.

Is this a research program? What does that mean?

This program also helps us learn how to better support families like yours. You and your child(ren) will complete a short survey at the beginning, end and a couple months after the program. This helps us understand what's helpful and improve the program. As a thank you, participants will receive a gift card

What if the person living with Parkinson's disease has not progressed to need much care – why should my child attend?

Good question. We think about these skills as tools in your child's "tool belt". They may never use them, but when they need them, they are there.

What does this mean for me as a parent/caregiver?

Your child is in a supervised environment with trained professionals. You don't have to have all the answers; this program helps fill in those gaps. You're giving your child support, language, and confidence around something that can feel hard to talk about.