

Dance for PD Staten Island, New York

The American Parkinson Disease Association in partnership with Dance for PD® presents Dance for PD classes for people living with Parkinson's and their families to explore elements of different dance and movement styles with energizing and inspiring music as a guide. Anyone, at any level of ability and mobility, is welcome to participate in this award-winning, research-backed global program created and offered by the Mark Morris Dance Group. No dance experience is required. Experienced teaching artists from Dance for PD's New York flagship program emphasize a spirit of creativity and fun while demonstrating seated options for all activities.

**FREE
CLASS!**



Date & Time

Fridays, 12:30-1:30pm EST

Location

**Be Yoga & Dance studio
1270 Bay Street
Staten Island, NY 10305**

Led by Dance for PD® certified instructor and founder of Be Yoga & Dance, LLC, Larissa Schiano-Gonzalez

For accommodations, please contact:
Larissa at 718-873-7672 or 718-981-0010.