



PRESS™ is a FREE eight-week education and support program for those diagnosed with Parkinson's disease (PD) in the last five years and their care partners.

PD-focused session topics include:

- What's Next After Diagnosis
- Medication Management
- Importance of Exercise
- Dealing with Physical Symptoms
- Impact on Daily Coping and Relationships
- Tips for Daily Living
- Caring for Others, Caring for Yourself
- Building Your Healthcare Team

Facilitated by Marjorie Dangla, MSW, LCSW-QS.

A signature program from the American Parkinson Disease Association

Fridays
October 2 to November 20, 2026
2 to 3:30 PM

A virtual program (via Zoom)

**Space is limited and
registration is required.**

To register, email Marjorie Dangla, MSW, LCSW-QS, at m.dangla@med.miami.edu or call 305-243-8662.



**DEPARTMENT OF
NEUROLOGY**

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