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FOR IMMEDIATE RELEASE

AMERICAN PARKINSON DISEASE ASSOCIATION NORTHWEST CHAPTER TO HOST FREE EDUCATIONAL PROGRAM IN JUNEAU ON LIVING WELL WITH PARKINSON'S DISEASE

Afternoon event will offer practical information on Parkinson's care, treatment, exercise, therapy, and everyday strategies for living well

JUNEAU, ALASKA, APRIL 13, 2026 – The American Parkinson Disease Association (APDA) [Northwest Chapter](#) will host APDA's PD Education Day – Juneau, a free educational program designed to help people living with Parkinson's disease (PD), care partners, and families better understand Parkinson's and learn practical strategies for living well. The event will take place on Wednesday, May 6, 2026, beginning at 1:30 p.m., with doors opening at 1:00 p.m., at Riverview Senior Living (3041 Clinton Drive, Juneau, Alaska). Refreshments will be provided. There is no cost to attend, but [registration](#) is required.

The program will feature an afternoon of relaxed, conversational discussion about Parkinson's disease with a panel of movement disorder and rehabilitation experts. Together, they will explore the basics of Parkinson's, current and emerging treatments, and the important role that exercise, therapy, and everyday lifestyle choices can play in helping people live well with the disease.

The event is open to people with Parkinson's, care partners, and anyone interested in learning more about the disease and the resources available to support those impacted by it.

Special guests include:

Sherrie Gould, NP-C, CMRD

Nurse Practitioner and Founder, NeuroMotion Telehealth

Kelly Papesh, DNP, CMRD

Nurse Practitioner and Founder, NeuroMotion Telehealth

Dr. Ashley Johnston, DPT

Physical Therapist

Elizabeth Torres, SLP

Speech & Language Pathologist

“The APDA Northwest Chapter is committed to making trusted Parkinson’s education and support accessible to communities across our region, including Alaska,” said Jen Gillick, Program Director, APDA Northwest Chapter. “This program is designed to give people practical, understandable information they can use right away, while also creating space for connection, conversation, and encouragement.”

Registration for APDA’s PD Education Day – Juneau is open now. There is no cost to attend, but registration is required. Register [online](#), by calling 206-695-2905, or by emailing apdanw@apdaparkinson.org.

In addition to the education day, Parkinson’s care partners are invited to attend a special Care Partner Conversation Circle on Thursday, May 7, from 9:30 a.m. to 11:00 a.m. at Riverview Senior Living. The conversation will be facilitated by Leanne King Devitt, MA, facilitator of the APDA Alaska Care Partners Support Group. Complimentary coffee and snacks will be provided.

The APDA Northwest Chapter offers a wide range of Parkinson’s disease programs, resources, education, and support for people impacted by PD throughout Alaska, Idaho, Montana, Oregon, and Washington. To learn more, visit www.apdaparkinson.org/nw, email apdanw@apdaparkinson.org, or call 206-695-2905.

About the American Parkinson Disease Association:

The American Parkinson Disease Association (APDA) is a nonprofit organization dedicated to fighting Parkinson’s disease (PD) by providing the support, education, research, and community that helps everyone impacted by PD live life to the fullest. Through a nationwide grassroots network of Chapters and Information & Referral (I&R) Centers, APDA works tirelessly to raise public awareness of this chronic neurologic movement disorder and deliver outstanding patient services, resources, and educational and wellness programs to the approximately one million people living with PD in the United States and their care partners and families. Envisioning a world without PD, APDA’s national research program and Centers for Advanced Research aim to provide better treatments and unlock the mysteries of the disease. APDA is also committed to advancing public policy solutions that improve lives and move us toward a cure. Founded in 1961, APDA has raised and invested more than \$338 million in its efforts to support the PD community. Learn more at www.apdaparkinson.org.

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