

2026 Parkinson's Programs

The APDA Massachusetts Chapter is proud to share the community programs we are funding this year that are making a difference in the lives of those living with Parkinson's disease (PD).

APDA Community Support Groups
57+ Support Groups Across the Region

APDA Deep Brain Stimulation Virtual Support Group

APDA Care Partners Virtual Support Group

APDA Early Care Partner Connection Program

APDA Virtual PRESS Programs

APDA Young Onset Support Groups
Northampton, MA + Statewide Virtual Group

110 Fitness
Stay Social Community Outings

Concord Conservatory of Music
Singing with Parkinson's Chorus

Good Start Program for Parkinson's
Boston, MA

Hockomock Area YMCA
Creating a Comprehensive Parkinson's Pathway Initiative

Merrimack Valley YMCA
Neuro-Power Parkinson's Programming

MobiLives PT
Parkinson Community
Wellness of the Berkshires

Parkinson's Fitness
Finding Your Rhythm,
Strength and Balance

Rock Steady Boxing Plymouth County

Sandra Costello Fitness / Brockton Council on Aging
Strong & Stable: Parkinson's Strength Class

SANGHA New Bedford
Yoga for People with Early Stage
Parkinson's Disease

Town of Framingham
Parkinson's Programming at the Callahan Center

Town of Marion
Mindful Movements for People with
Parkinson's Disease

Tufts University, Department of Occupational Therapy (OT)
Dance for Healthy Aging with
Parkinson's Disease

YMCA of Greater Westfield
CyclePD

