

VOLUNTEERS NEEDED

Nutritional Supplementation in Parkinson's Disease Research Project

Research study purpose

To explore the safety of 6 months consumption of a targeted Amino Acid supplement specifically designed to correct Amino-Acid deficiencies related to PD and provide potential effects which can improve the long-term health of people with Parkinson's Disease.



- **Who?** Individuals with Idiopathic Parkinson's Disease. 60-80 years old.
- **Where?:** School of Kinesiology at UConn Storrs, CT.
- **How long?:** 6 months of supplementation, 1 screen visit (~1 hour) and 3 experimental visits (baseline, 3 and 6 months, 3.5 hours each).
- **What?:** During the 6 months intervention you will consume a nutritional supplement. During each experimental visit you will provide blood samples, perform physical function assessments and complete questionnaires.

To compensate you for your time you may receive up to \$100 paid over 4 visits. (\$25 for each completed visit).



To learn more contact Carlos Rehbein at (860) 634 8203 or email movementforlifelab@gmail.com

This study is led by Jacob Earp, PhD from the Department of
Kinesiology at the University of Connecticut: IRB #

