



AGENDA

(updated 8/7/2025)



Saturday Agenda 10/25

8:30am Registration & Welcome Coffee ☕

9:30am General Session 1
Living Well with YOPD

Moderator: Jeremy Likness - Person Living with YOPD

Ray Dorsey, MD, MBA - Atria Health

Larry Gifford - PD Avengers

Sara Whittingham, MD - Veteran, athlete, PwP

10:30am You, Me and YOPD: Let's Move
Into Connection

Nate Coomer, PT, DPT, NCS - The Parkinson Fitness Project

10:45am Morning Break & Individual Connections

11:15am Breakout Session Block 1

Speakers

Care Partner Conversations

Katie Freeman, MSW - APDA

DBS Session 1

Jason Aldred, MD FAAN - Selkirk Neurology

Maria Marsans, MCMS, PA-C - Virginia Mason Med Center

Ryder Gwinn, MD EvergreenHealth

Panel of DBS Graduates

Listening session with Dr. Dorsey

Ray Dorsey, MD, MBA - Atria Health

Harnessing Technology in
Managing PD

Liz Fergula, MD - Synapticure

Jennie Davis, DO - Maple Valley Movement Neurology

12:15pm Lunch

1:15pm

Liz Fergula, MD - Synapticure

Karen Torres, Psy. D, ABPP-CN - University of Washington

Sam Evans, ND - Seattle Integrative Medicine

Kat Hill, Person living with YOPD

Ken Hill, care partner

Larry Gifford, Person living with YOPD

Rebecca Gifford, care partner

General Session 2
Mental Health, Cognition &
Resilience in YOPD

NORTHWEST CHAPTER

130 Nickerson Street, Suite 300, Seattle WA 98109 | 206-695-2905 | www.apdaparkinson.org/Northwest



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2:45pm Breakout Session Block 2

Cognitive Movement Session	Nate Coomer, PT, DPT, NCS - The Parkinson Fitness Project
Care Partner Conversations	Katie Freeman, MSW - APDA
The role of Medication & Managing Side effects (Ask the Expert)	Kimmy Su, MD, PhD - University of Washington
Women in PD	Kat Hill, Person Living with YOPD Dr. Sam Evans, Seattle Integrative Medicine
Ask Me Anything Panel YOPD	Various People with Living with YOPD
3:45pm Afternoon Break	
4:00pm General Session 3 Tried True Novel New	Jason Aldred, MD FAAN - Selkirk Neurology Ray Dorsey, MD, MBA - Atria Health
5:00pm Community Wrap up	
5:30pm Post-Conference Reset – Restorative Yoga	Peter Lynch, Yoga for PD



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Sunday Agenda 10/26

8:00am	Doors Open, coffee and light refreshments	
8:15am	Movement & Interaction Offerings (for the early birds)	
9:45am	General Session 4 Financial & Legal Considerations	Denelle Reilly, Macey-Cushman & Reilly, PLLC Roy Hsu, Evoke Financial Services Brian Harris, Person living with YOPD
10:45am	Breakout Session Block 3	
	Movement/Creative Activity	TBD
	Care Partner Conversations	Katie Freeman, APDA
	DBS Session 2	Kimmy Su, MD, PhD - University of Washington Jennie Davis, DO - Maple Valley Movement Neurology Ben Grannan, MD University of Washington Panel of DBS Graduates
	Building Community	Brian Harris, SEAYOPD Group Amy Lavallee, PDXYOPD Group Larry Gifford, PD Avengers
	The Role of Medications & Managing Side Effects (Ask the Expert)	Liz Fergula, MD - Synapticure
12:00pm	General Session 5 Impact of Nutrition on PD: A practical approach	Laurie Mischley, ND, PhD. MPH - Seattle Integrative Medicine Amy Lavallee, Advocate, mother & PwP
12:50pm	Lunch & Closing Remarks	
1:30pm	Event Concludes	

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