

VIRTUAL - ZOOM - AUGUST 2025

PARKINSON'S GOOD START PROGRAM

HOSTED BY APDA ALABAMA

The Alabama APDA Good Start Program is presented by specialists and allied healthcare partners from the UAB Comprehensive Center for Parkinson's Disease for patients diagnosed within three years. Participants will receive educational information about Parkinson's, learn how to build their care team, and be provided with local Parkinson's support services in two (2) two-hour sessions from 6:30 - 8:00 p.m. This program is offered virtually on Zoom. The event is free, but space is limited and registration is required. A care partner is encouraged to join with you.



**REGISTER
NOW**

AGENDA

TUESDAY, AUGUST 12, 6:30 PM

**SESSION 1 - Parkinson's Overview and
Building Your PD Health Care Team**

THURSDAY, AUGUST 14, 6:30 PM

**SESSION 2 - Tips for Living Well with Parkinson's
and Navigating PD Resources**

***Zoom links will be sent to registered
attendees prior to the event.**

To register online for the
Good Start Program, go to:
https://uab.co1.qualtrics.com/jfe/form/SV_exHSzZACyuJoNN4

Or Contact Brooklyn White at
bawhite@uabmc.edu, or by calling
1.205.706.7320.

ZOOM