



Crystal Doig
Director
Lifelong Links

Agency Overview

WHO ARE WE?

Aging Resources is the Area Agency on Aging that serves Polk and the surrounding 7 counties. There is an Area Agency on Aging for every county in the United States.

Area Agencies are a partnership among federal, state, and local governments and the private sector to advance the social and economic agendas of older Americans.

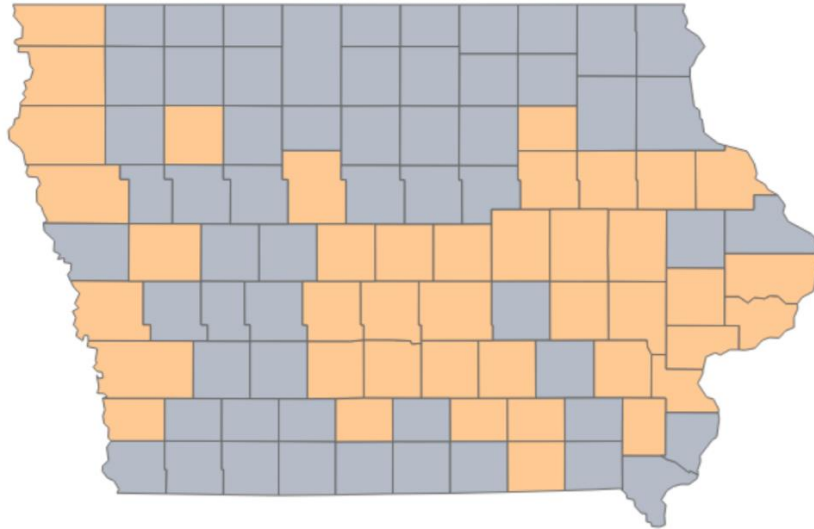
Area Agencies on Aging strive to:

- Answer questions
- Provide Information
- Listen to Concerns
- Connect To Services
- Fund Home Based Service Providers



Future Estimates

2018

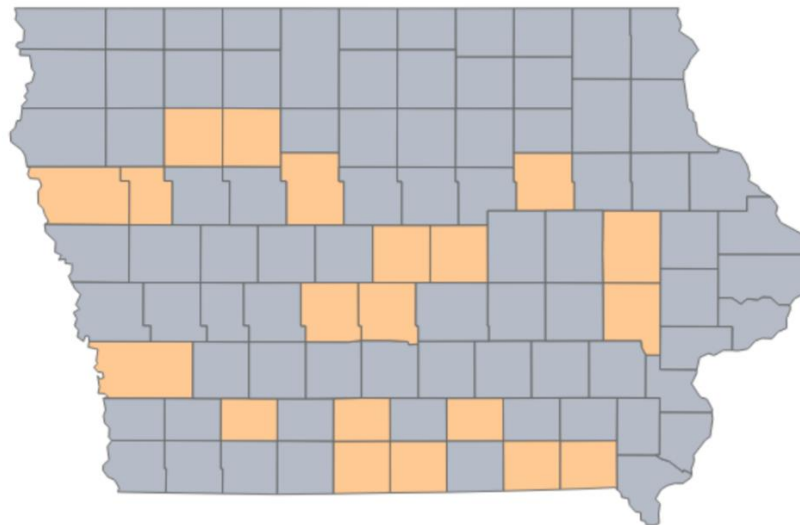


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Population age 65 and over

Less than 20%
20% or more

2050



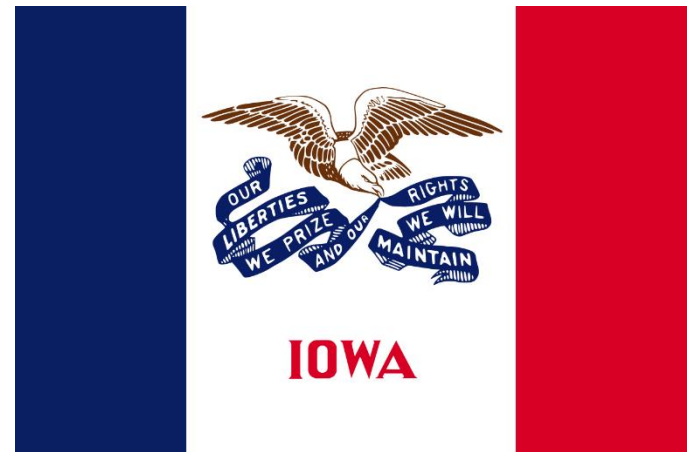
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IOWA RANKINGS

In 2018, Iowa ranked **17th** in the U.S. in the percentage of population age 65+.

The projected population of those 65 + in Iowa in the year 2050 is thought to be **20.3% of the states' total population.**

(Woods & Poole Economics Inc.)



Within Iowa, **Polk County** holds the largest population of those 65 and over as of 2018 (app. 63,631 individuals)

Aging Resources' Programs



Nutritional Services



Family Caregiver Program



Information and Assistance



Options Counseling/Case Management



Elder Abuse Prevention and Awareness

Program #1: Nutritional Services



Iowa Senior Farmer's Market Program

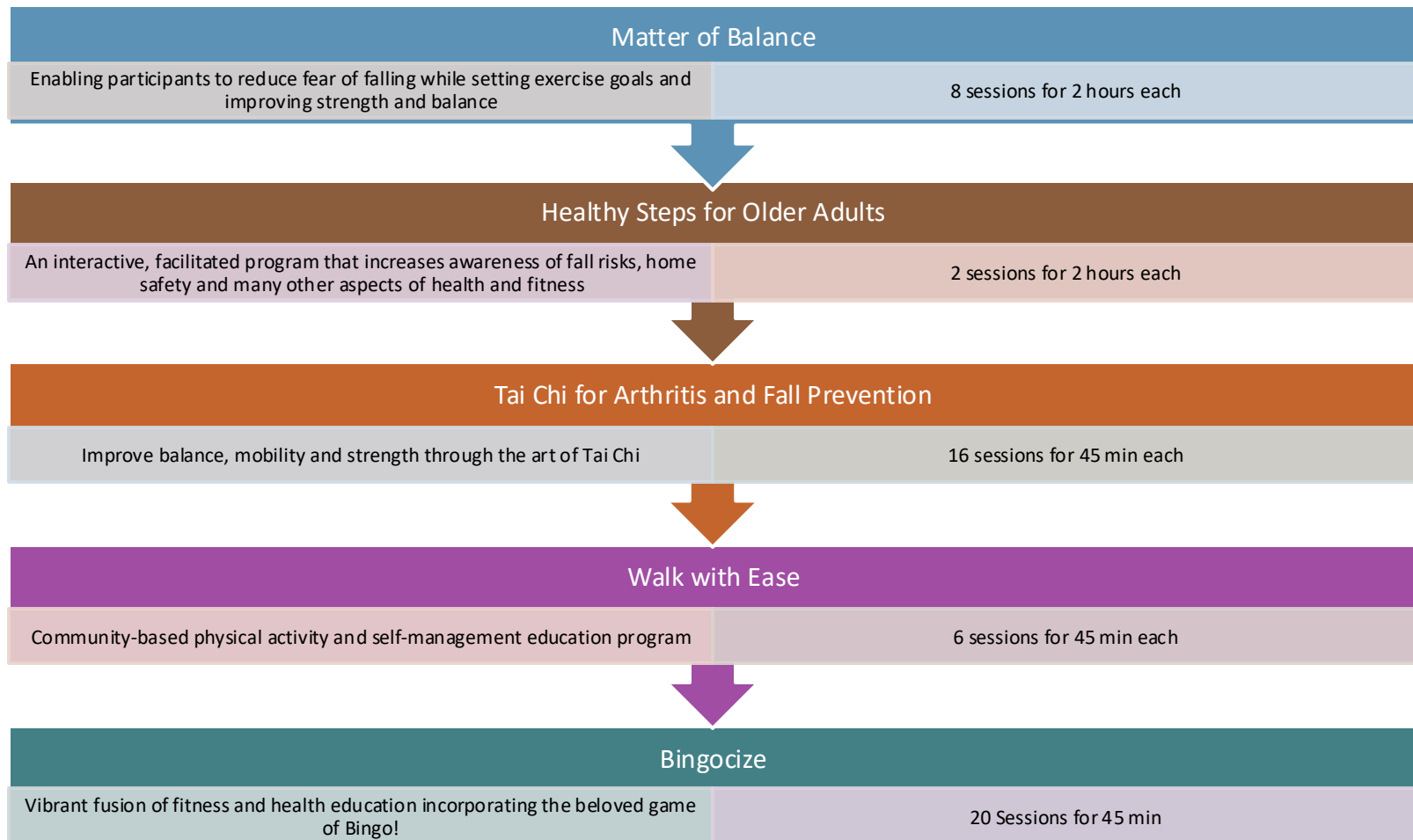


Nutritional Education and Counseling

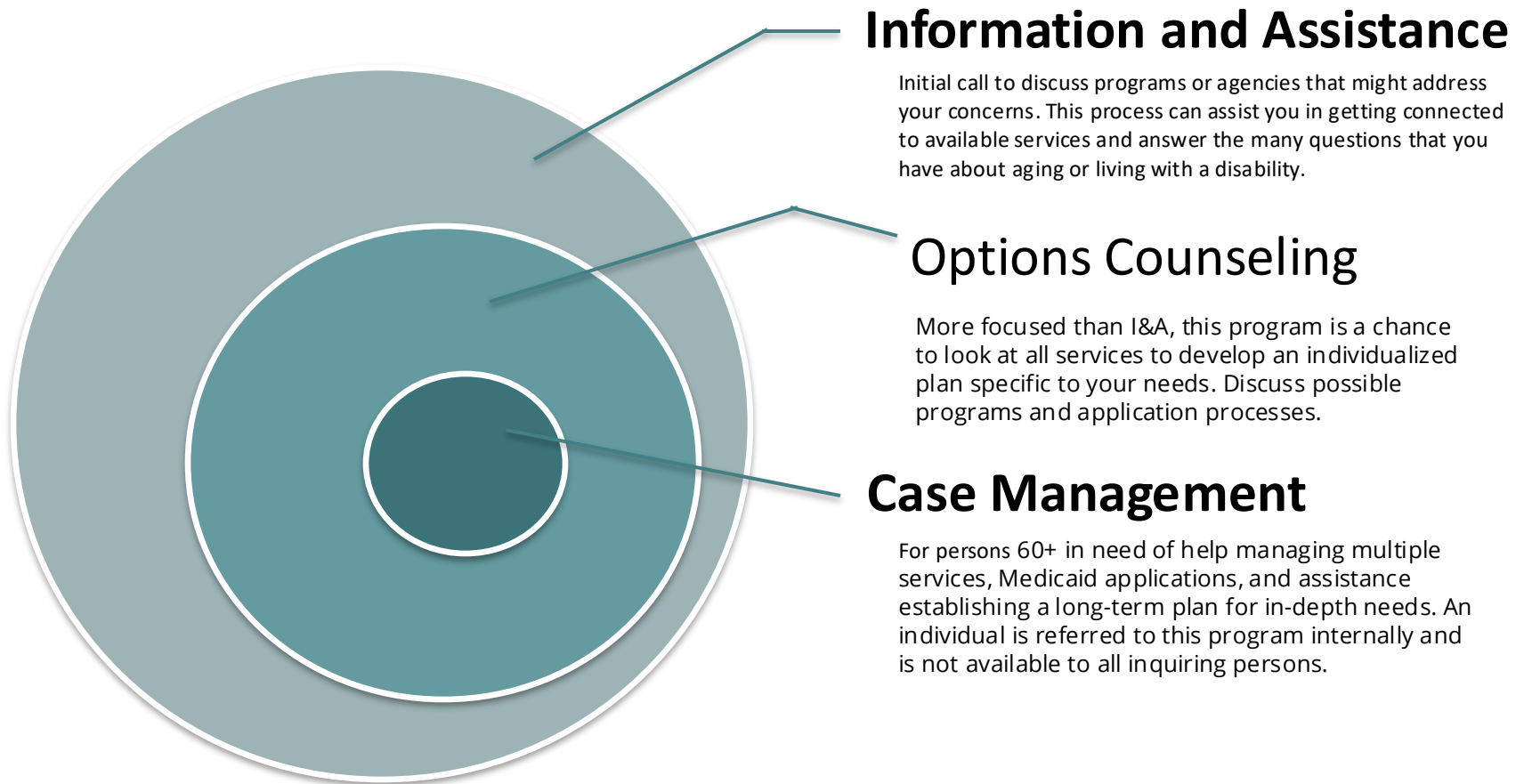


Holiday Meals on Wheels

Incorporating Evidence Based Programs



Programs #2 and #3



Program #4

Family Caregiver Support Program

Assistance to caregivers in gaining access to supportive services

Individual counseling, organization of support groups, and caregiving training

Supplemental services, that complement the care provided by caregivers

Respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities





Who is a Caregiver?

as defined by the National Family Caregiver Support Program

- Adult family member or other informal caregiver 18 years of age and older providing care to individuals 60 years of age and older
- Adult family member or other informal caregiver 18 years of age and older providing care to individuals of any age with Alzheimer's disease and related disorders
- Older relatives (not parents) 55 years of age and older providing care to children under the age of 18 (Example is grandparents who have custody and care for grandchildren)
- Older relatives, including parents, 55 years of age and older, providing care to adults ages 18-59 with disabilities

FUNDING RESPITE



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- In-home care through a home care agency of the client's choice.
- Out-of-home through an adult day care of the client's choice.
- There is also the potential for limited funding for respite through an assisted living facility or nursing home of a client's choice.



FUNDING LIMITATIONS

- Although funding is reserved for the caregivers defined in the previous slide, we will consult with caregivers if they do not fit into any of those categories.
- Due to the large number of clients we serve, respite is limited to short-term periods of time (3-6 months). During this time, a family caregiver specialist will provide information about care options and how care may be paid for, whether that is private pay or through a Medicaid application.
- Supplemental services: One-time (rather than ongoing) assistance with deposit, rent, utility bill or durable medical equipment that is not covered by insurance can be considered.



Program #5

Elder Abuse Prevention and Intervention



Prevention



Intervention



Detection



Reporting

Adult Abuse – Iowa Definitions

Dependent Adult Abuse: Defined by any of the following as a result of the willful, negligent acts or omission of a **caretaker**:

- Physical Abuse
- Sexual Abuse
- Sexual Exploitation
- Financial Exploitation
- Denial of Critical Care
- Self Denial of Critical Care



Adult Abuse – Iowa Definitions

Vulnerable Adult: A person sixty years of age or older who is unable to protect himself or herself from elder abuse as a result of age or a mental or physical condition. Does NOT have to be dependent!

Elder Abuse: term used to describe general abuse regarding older adults, for those who are dependent and those who are not dependent.

Civil remedy – 235F Protection Order
Must be 60 years of age or older



What we CAN'T do...

- Provide ongoing funding
- Financially assist more than once in a 12-month span
- Provide direct services
- Get into housing on short notice
- Apply for housing



What we CAN do!

- Provide housing lists
(subsidized)
- Help to connect to resources
- Elderly Waiver applications
- Rent/utility assistance (if
eligible)
- Provide options relevant to
each unique situation
- Offer support and guidance



Bottom Line: We are here to help!





Questions? Comments?

Call Us!

515-255-1310 or 800-747-5352



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