

## LIVE A GREAT STORY!

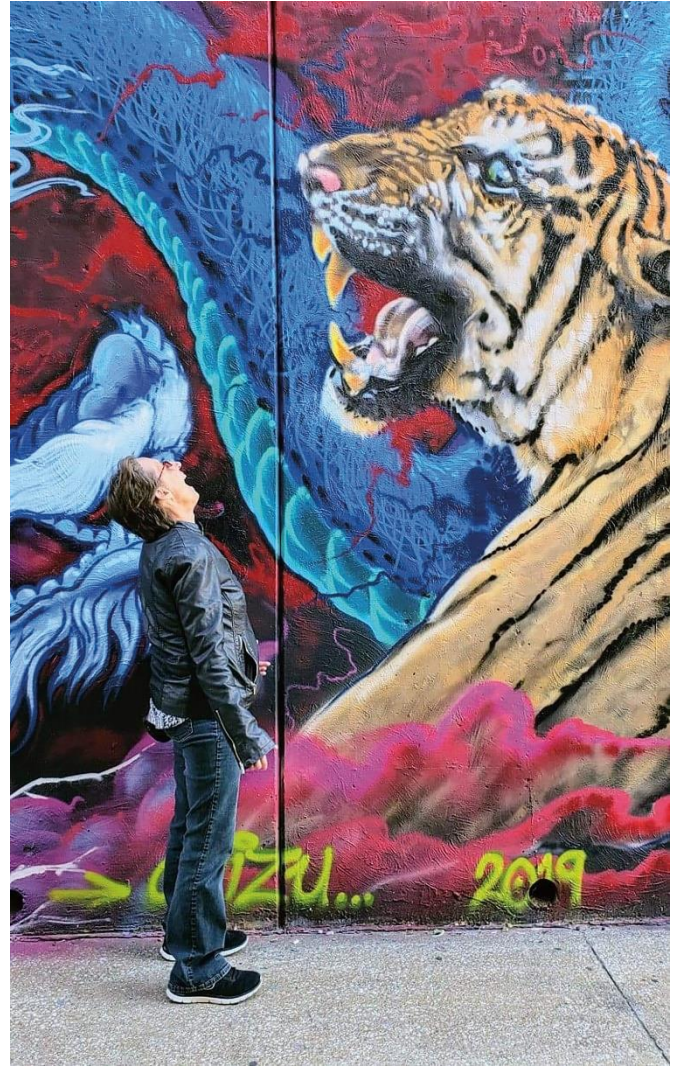
*An interview with Carole Deyoe by Ann Scherer*

I had the joy of interviewing Carole Deyoe. She will be a speaker at the Iowa Parkinson Conference in June. Her topic is *Laughing at Tigers* and once she begins I can assure that you will be thoroughly entertained and enlightened.

Carole, a two-time survivor of cancer, knows firsthand how to make one's life livable while facing major stressors, and it is our good fortune that she will share the art of finding humor and using humor to be healthier.

Carole admits she didn't always feel positive. She dealt with and faced doubt and depression. Her gift to herself, and now us, is that she was always able to find humor in life and to laugh. This, she found, helped her face major life blows and this attitude led her to become a standup comic where she learned to love the reaction of making others laugh. However, she found more purpose in becoming a motivational speaker and reaching out to others with her message.

As a writer, my mind went in its writing direction and I thought of the song, *The Eye of the Tiger*. I wanted to define the tiger. I couldn't. That's Carole's message. But the lyrics refer to being determined and resilient in the face of adversity. I'm thinking laughter will play a big part.



*I asked her to give me something to hold onto until the Conference, and she said,*

***“Live a great story.”***