

# **DOTHAN AREA**

## **PARKINSON'S GOOD START PROGRAM**

### Hosted by APDA Alabama

The Alabama APDA Good Start Program is presented by specialists and allied healthcare partners from the UAB Comprehensive Center for Movement Disorders for individuals diagnosed with Parkinson's disease. The event is free to attend, but registration is required. A care partner or family member is encouraged to join.

**FRIDAY, SEPTEMBER 12, 2025 -1PM - 5PM**



**SOUTHEAST HEALTH MEDICAL CENTER**  
**7TH FLOOR CONFERENCE ROOM**  
**1108 Ross Clark Circle**  
**Dothan, Alabama 36301**

#### **AGENDA**

**1PM:** Parkinson's Overview  
**2PM:** Building Your PD Care Team  
**Therapy Panel** ( Physical and Occupational Therapists,  
Speech Language Pathologist)

#### **Movement Break**

**3PM:** Tips for Living Well with Parkinson's  
**3:30PM:** Parkinson's Panel  
**4PM:** Navigating PD Resources, Open Q&A

*\*This agenda is subject to updates.*

## **REGISTER**

To register for the Good Start Program online, click on the QR Code or go to:

[https://uab.co1.qualtrics.com/jfe/form/SV\\_1FCv6AuE4ypLCNU](https://uab.co1.qualtrics.com/jfe/form/SV_1FCv6AuE4ypLCNU)

Or contact Brooklyn White at [bawhite@uabmc.edu](mailto:bawhite@uabmc.edu), or by calling **1.205.706.7320**.

**FREE**