Winter 2025 Programs

The APDA MA Chapter is proud to share the programs we are supporting this year:

APDA Community Support Groups

Over 40 Support Groups across the region

APDA Deep Brain Stimulation Virtual Support Group

APDA Care Partners Virtual Support Group

APDA Virtual PRESS Programs

APDA Young Onset Support Groups

Rockland, MA; Northampton, MA; Statewide Virtual Group

110 Fitness

Stay Social Community Outings

Dartmouth Council on Aging

Parkinson's Programming

Framingham Callahan Center

Parkinson's Programming

Hockomock Area YMCA

Aquatics and Yoga for Parkinson's

Jewish Family & Children's Service

¡Vamos a Bailar! Let's Dance!

Merrimack Valley YMCA

Neuro-Power Parkinson's Programming

MobiLives PT

Parkinson Community Wellness of the Berkshires

Parkinson's Fitness - North Shore

Sandra Costello Fitness - Brockton COA

Strong & Stable APDA

SANGHA New Bedford

Yoga for People with Early Stage Parkinson's

Tufts University Department of Occupational Therapy

Dance for Healthy Aging with Parkinson's Disease

YMCA of Greater Westfield

CyclePD



MASSACHUSETTS CHAPTER

Strength in optimism. Hope in progress.

American Parkinson Disease Association Massachusetts Chapter