

# OUR FREE PROFESSIONAL TRAINING COURSES

The American Parkinson Disease Association (APDA) offers specialized online training courses to help professionals better care for and support people with Parkinson's disease (PD). By better understanding the disease, the symptoms, and the needs of the PD community, you can serve people with PD more effectively and compassionately.

All of APDA's professional training courses are web-based, free of charge, open to all, and can be completed at your convenience.



## Parkinson's Disease Training for Fitness Professionals

Exercise is one of the most effective ways for people with PD to combat their symptoms. This course helps fitness, health, and wellness professionals safely and effectively work with people with PD to develop exercise regimens that will support treatment of their symptoms and substantially improve their quality of life.



## Parkinson's Disease Awareness Training for First Responders

The unique symptoms of PD can be mishandled and misunderstood in emergency situations. This course helps police officers, firefighters, and emergency medical service providers recognize the unique symptoms and needs of those with PD, enabling them to provide the best and most appropriate care.



## Taking Care of the Person with Advanced Parkinson's Disease

### *CE credit available*

Caring for someone with advanced PD can be complex. This course helps those who care for people with PD – particularly home health aides, nursing home staff, and visiting nurses – better understand the symptoms and challenges that come with advanced PD and how to best manage them as the disease progresses.



**Learn More  
& Access Trainings**

## Get In Touch

[apda@apdaparkinson.org](mailto:apda@apdaparkinson.org)

800-223-2732

[www.apdaparkinson.org](http://www.apdaparkinson.org)