

2024

Thank you for impacting the lives of thousands of Iowans



"I am very appreciative of the support group. I learn something new each time I come. No cost programs are a wonderful service to us."

"The free PD exercise has been a major help both physically, mentally and emotionally. So very thankful to have this opportunity to exercise with others like me."

"I appreciate the timely information concerning treatment and new information."



Services Provided

7

Exercise Classes
(weekly)

30

Support Groups
(monthly)

8

Educational
Programs
(annually)

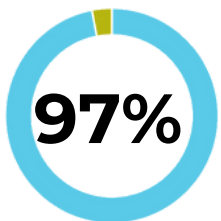
4500

Newsletters
Mailed
(quarterly)

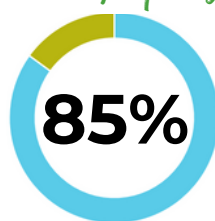
2500

e-Newsletters
eMailed
(weekly)

When surveyed about APDA programs:



97% agreed APDA is a community of people who understand what I am going through.



85% agreed that they feel empowered to take action to address symptoms experienced.



88% agreed that they learned about things they could do for PD through APDA programs.



82% agreed that they implemented things they learned to improve their daily living activities.

Amazing Community Partners who have joined us in the fight against Parkinson's

Abbott
Abbvie
Acadia
Ackley Civic Center
Active Generations Senior Center
Aetna Medicare Solutions
Aging Resources of Central Iowa
Allen Lund Company
Amercian Home Healthcare
Ankeny Family Counseling
Arrow Senior Living Advisors
Atlantic Heritage House
Baldor Industrial Solutions
Ball Team LLC
Bedell Family YMCA, Spirit Lake
Beisser Lumber Company
Bickford Senior Living Group
Boston Scientific
Bruce and Rhona Caress Foundation
Central States Mobility
Clarke County Hospital
CNOS
Connect Therapy
Connections Area Agency on Aging
Copper Wood at Prairie Trail
Cornerstone
Decatur County Hospital
Des Moines Ballroom
Des Moines University
Dickey, Campbell & Sahag Law Firm
Drake University
Eagle Ridge Assisted Living,
Guttenberg
East SAC County Community School
District
Easter Seals of Iowa
Edencrest Living
Erin Morley
Fareway
Finley Hospital
Friendship Haven, Fort Dodge
Full Court Press
GE Healthcare
Grand Living Coralville, WDM
Hamilton Relay
Happy at Home Consulting
Home Care Assistance

Home Instead
Home Team Iowa - Heckart & Assoc. at
RE/MAX Concepts
Hy-Vee
Immanuel Pathways
In Step Physical Therapy and Wellness
Independence Village
Innovative Captive Strategies
Iowa City Senior Center
Iowa State University Extension
Jefferson County Health Center
Jones Regional Medical Center
Kyowa Kirin
Leaf Filter Gutter Protection
Letsch Law Firm
Live 2 B Healthy Des Moines/Iowa City
Live 2 B Healthy Senior Fitness
Live Well Home Care
Lutheran Church of Hope, WDM
Meadowview of Clive
Medtronic
Mercy Medical Center Centerville
Mercy One Neurology and Rehab,
Riverside Rehab, and Ruan Neurology
Care
NAI Electrical Contractors
Newton Roofing Services
Nucara
On With Life
Palmer Hills Retirement Center,
Davenport
Pearson Bollman Law Firm
Pivotal Healthcare Communities
Powerback Rehab
Psychiatric Medical Care (PMC)
Ramsey Village
Relay Iowa
Rock Valley Physical Therapy, Ankeny
Senior Helpers of Central Iowa
Senior Home Finder of Iowa
Shake Rattle and Stroll for Parkinsons
Southeast Iowa Regional Medical
Center
Speechology
St. Anthony's Regional Hospital
St. Croix
Supernus

Synergy Homecare
Tai Chi Iowa
The Ironman Foundation Inc.
Unity Point Health, Neurology and
Therapy
Urbandale Senior Center
VA of Central Iowa
Van Diest Medical Center,
Webster City
Vero Health Center
Walgreens Specialty Pharmacy
Waverly Health Center
Wesley Family Life Center,
Muscatine
Wesley Life at Home
Wesley Park Center
West Bank
Woodruff Construction and Rasch
Construction
Your CBD Store - SunMed

*Thank you
for your
support!*

