

# AUBURN / OPELIKA AREA PARKINSON'S GOOD START PROGRAM Hosted by APDA Alabama

The Alabama APDA Good Start Program is presented by specialists and allied healthcare partners from the UAB Comprehensive Center for Parkinson's Disease for individuals diagnosed with Parkinson's disease within three years. Participants will receive educational information about Parkinson's, learn how to build their care team, and be provided with connections to local Parkinson's support services. The event is free to attend, but registration is required. A care partner or family member is encouraged to join the individual with Parkinson's.

**THURSDAY, FEBRUARY 27, 2025 -1PM - 4PM**

**Opelika Methodist Church - Fellowship Hall  
705 Avenue D, Opelika, AL 36801**



## AGENDA

- 1PM:** Parkinson's Overview
- 2PM:** Building Your PD Care Team
- Break**
- 3PM:** Living Well with Parkinson's
- 4PM:** Open Q&A

*\*This agenda is subject to updates.*

## REGISTER

To register for the Good Start Program online, click on the QR Code or go to:  
[https://uab.co1.qualtrics.com/jfe/form/SV\\_9ThdYajdAJOOGTc](https://uab.co1.qualtrics.com/jfe/form/SV_9ThdYajdAJOOGTc)

Or contact Brooklyn White at [bawhite@uabmc.edu](mailto:bawhite@uabmc.edu), or by calling **1.205.706.7320**.

**FREE**