



THIRD ANNUAL NORTHWEST IOWA **PARKINSON'S DISEASE CONFERENCE**

October 24, 2024 | Milford, Iowa

Gather with us for a day of learning and networking about Parkinson's Disease. The conference is free and open to all, individuals with Parkinson's, care partners, loved ones, and anyone interested in learning about the disease.

AGENDA

- 10:00 a.m. **Registration**
10:30 a.m. **Welcome**
Iowa State University Extension and Outreach
American Parkinson Disease Association - Iowa Chapter
- 10:45 a.m. **The PD You Don't See: Cognitive and Non-Motor Symptoms**
Dr. Joanne Hamilton, Ph.D., ABPP
Advanced Neurobehavioral Health
- 12:00 noon **Lunch**
1:00 p.m. **Therapeutic Music**
Jenna Hardy Pedersen, B.A., M.A., JJ School of Music
- 2:00 p.m. **Break**
2:20 p.m. **How to Reduce Symptoms Through Exercise**
Kristine Meldrum, B.A., ACE, Parkinson's Place Iowa
- 3:20 p.m. **Closing Remarks**

There is no fee to attend the conference thanks to sponsorship from the Dickinson County Extension Council and Iowa State University Extension and Outreach Dickinson County.

WHEN:

October 24, 2024
10:30 a.m. to 3:30 p.m.

WHERE:

St. Joseph's Catholic Church
1305 Okoboji Avenue
Milford, IA 51351

REGISTER:

Register online at
go.iastate.edu/AX98PC
or contact the ISU Extension and Outreach Dickinson County Office at 712-336-3488 with any questions or for registration assistance.



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