

# **VIRTUAL - ZOOM - JUNE 2025**

## **PARKINSON'S GOOD START PROGRAM**

### **HOSTED BY APDA ALABAMA**

The Alabama APDA Good Start Program is presented by specialists and allied healthcare partners from the UAB Comprehensive Center for Parkinson's Disease for patients diagnosed within three years. Participants will receive educational information about Parkinson's, learn how to build their care team, and be provided with local Parkinson's support services in two (2) two-hour sessions from 6:30 - 8:30 p.m. This program is offered virtually on Zoom. The event is free, but space is limited and registration is required. A care partner is encouraged to join with you.



**REGISTER  
NOW**

#### **AGENDA**

**TUESDAY, JUNE 17, 6:30 PM**

**SESSION 1 - Parkinson's Overview and  
Building Your PD Health Care Team**

**THURSDAY, JUNE 19, 6:30 PM**

**SESSION 2 - Tips for Living Well with Parkinson's  
and Navigating PD Resources**

**\*Zoom links will be sent to registered  
attendees prior to the event.**

To register online for the  
Good Start Program, go to:  
[https://uab.co1.qualtrics.com/jfe/form/SV\\_exHSzZACyuJoNN4](https://uab.co1.qualtrics.com/jfe/form/SV_exHSzZACyuJoNN4)

Or Contact Brooklyn White at  
[bawhite@uabmc.edu](mailto:bawhite@uabmc.edu), or by calling  
**1.205.706.7320.**

**ZOOM**