

2026 Programs

The APDA Massachusetts Chapter is proud to share the programs we are supporting this year:

APDA Community Presentations & Events

Delivered more than 50 presentations and displays throughout the region to organizations, Veterans' associations, healthcare agencies, and community events

APDA Community Support Groups

Over 40 Support Groups across the region, Including Deep Brain Stimulation, Care Partners, and Young Onset PD

APDA Virtual PRESS & Care Partner Connection Programs

110 Fitness

Stay Social Community Outings

Concord Conservatory of Music

Singing with Parkinson's Chorus

Good Start Program for Parkinson's

Boston

Franklin County's YMCA

Parkinson's Community Wellness Program

Greater Holyoke YMCA

Bilingual Parkinson's Disease Community Exercise Class

Healthy Aging Physical Therapy

Lynnfield & Melrose POWER over Parkinson's

Healthy At Home Physical Therapy, LLC

Parkinson's Fitness at Tewksbury Senior Center

Hockomock Area YMCA

Creating a Comprehensive Parkinson's Pathway Initiative

Island Pickle

Pickleball for Parkinson's

Jewish Family & Children's Services

¡Vamos a Bailar! Tuzinel!: Dance, Movement, and Connection for Older Adults

Merrimack Valley YMCA

Neuro-Power Parkinson's Programming

MobiLives PT

Parkinson Community Wellness of the Berkshires

Parkinson's Fitness - North Shore

Rock Steady Boxing Cape Cod Spaulding

Rock Steady Boxing Plymouth County

SANGHA New Bedford

Yoga for People with Early Stage Parkinson's

Sandra Costello Fitness - Brockton COA

Strong & Stable APDA

South Hadley Council on Aging

Dancing with Parkinson's

Springfield College

STRIDE for Parkinson's

Tufts University Department of Occupational Therapy

Dance for Healthy Aging with Parkinson's Disease

Town of Marion

Mindful Movements for People with Parkinson's Disease

Urbanity Dance - Boston

Dance with Parkinson's

YMCA of Greater Westfield

CyclePD

YMCA of Metro North

Pedaling for Parkinson's at the Torigian Family YMCA