

**IT DOESN'T MATTER IF WE
LOOK FUNNY...
LET'S GET OUT AND GO**

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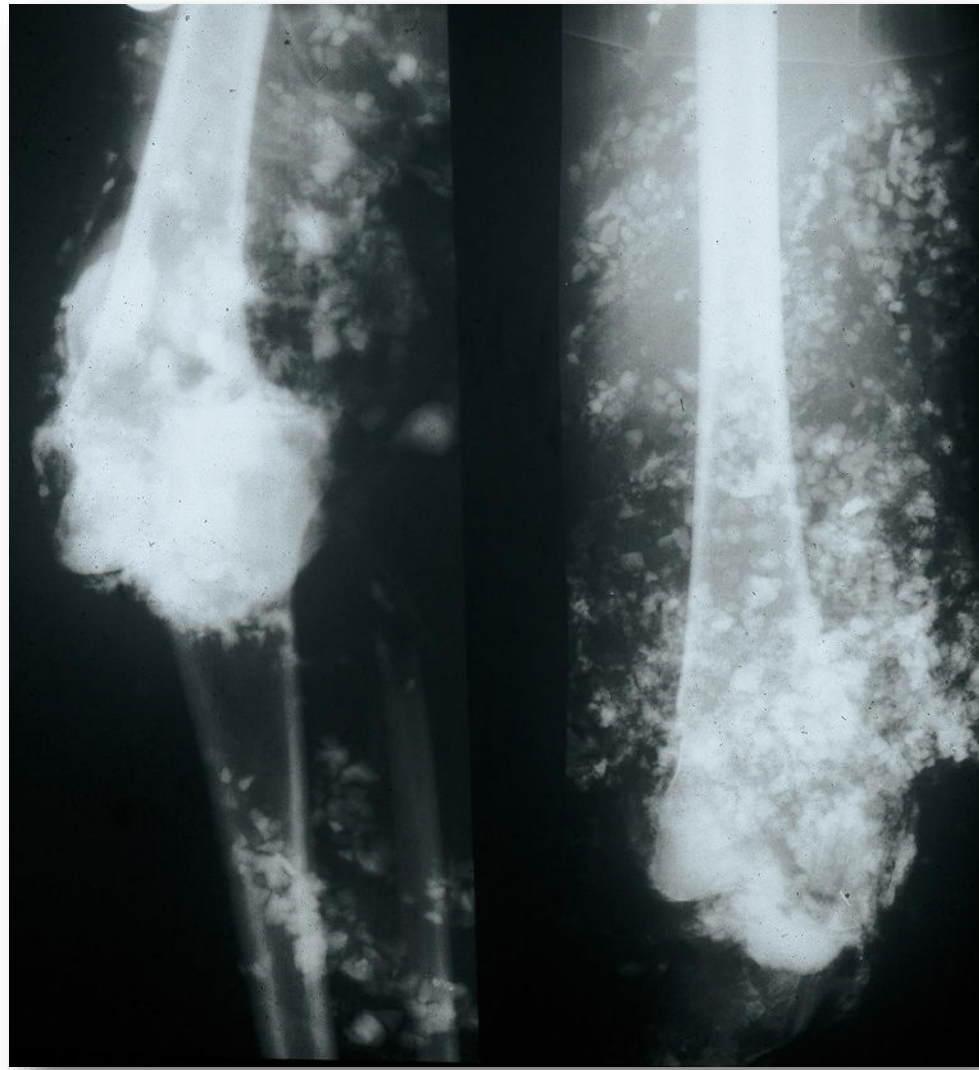




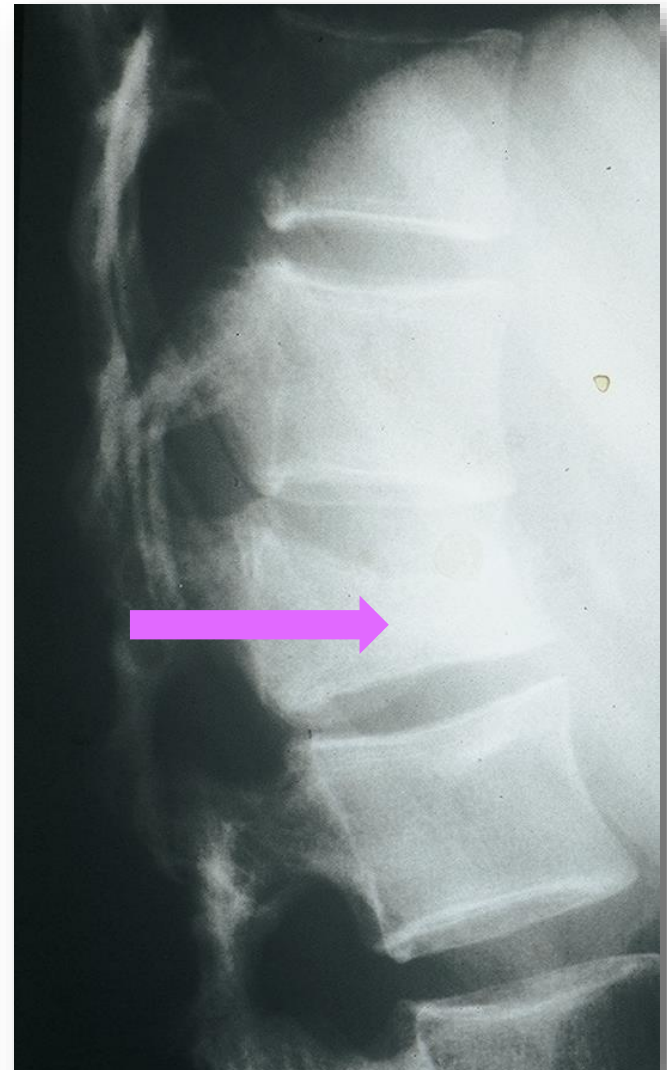




RT ARM
severed



LEG X-RAYS
debris in soft tissues



T-SPINE
compression fracture



COMMITMENT
To have and to hold...

ACCEPT

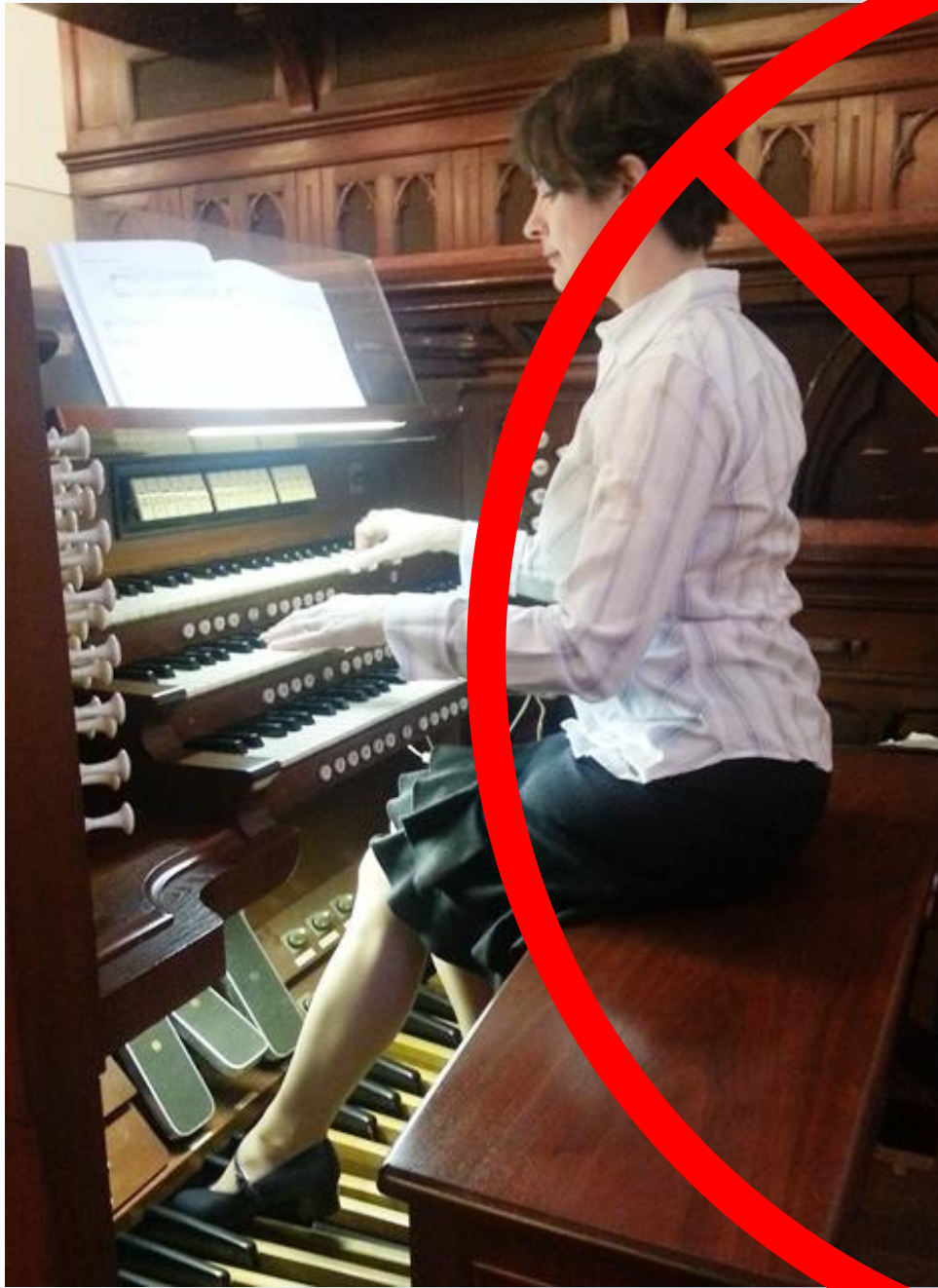




Healing Spirits



Laugh Anyway



Problems to solve:

- ① PLACE TO LIVE IN SAN DIEGO
- ② TRANSPORTATION
- ③ BATHING, TOILET
- ④ COMMUNICATION
- ⑤ KITCHEN

Personal

Rehabilitation ^{where}
OT - household
PT
Prosthesis
Handwriting - 1st grade
Independence

Professional

Socially

Marital

Family

Psychological adjustment

Sports Activities

~~Occupational adjustments~~

Desirable goals - drive

Personal

Rehabilitation

where
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Desirable goals - drive

MARITAL

Remember that even though I'm going to have lean on Dave, I don't allow myself to feel so indebted to him that it cripples our relationship. Verbal communication is going to be of extreme importance. Maintain our very different personalities.

SOCIALLY

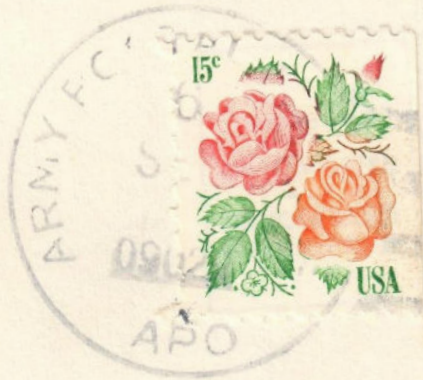
Maintain friendship with our close friends, not to close them out just because ~~we~~ we think we're dealing with such a large task. Several of our friends will actually be very beneficial, especially in helping me to realize that I'm the same person. I'm sure there will be times I'll be so wrapped up in strengthening my muscles that I'll appreciate being reminded of who I am. I would like to be able to resume our hobby of gourmet cooking & entertaining small groups of friends.

You can all bow a big favor
by sending this to the
congress and pro the sw.
Salzburg, Monument Mozart
W. A. Mozart (1756-1791)

Salzburg, Monument Mozart
W. A. Mozart (1756-1791)

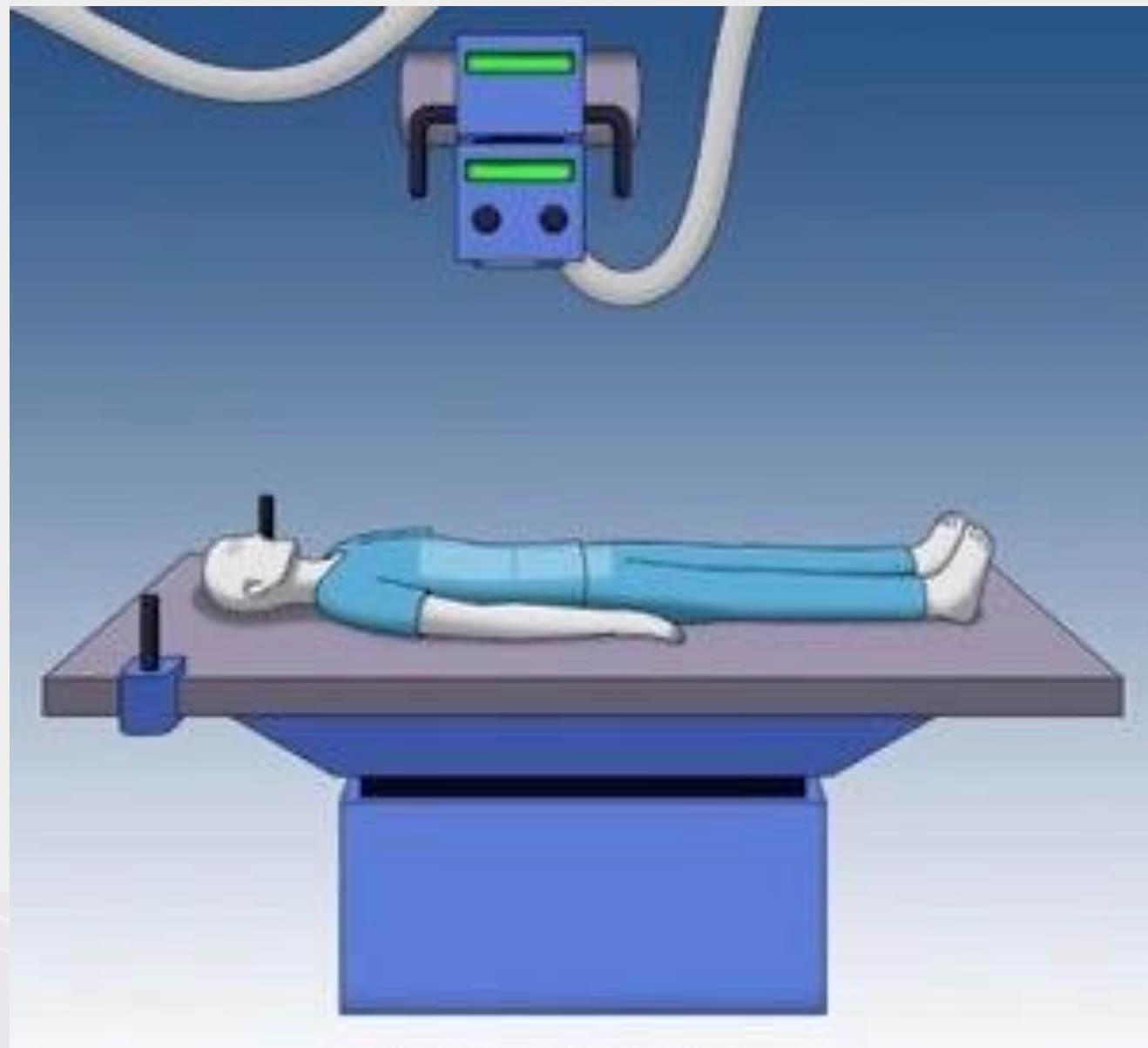
Dear Rad Gang,
I couldn't have found
a prettier town to have
been incarcerated in.
They have let me look
at my X-rays before
after they will make
excellent teaching file

This is one of 6 hospitals
in Austria for trauma only
we've had excellent care.



Bergwelt-Verlag C. Jurischek - Salzburg - Paris-Looson-Strabe
Edition (06222) 71 343

Radiology Dept
1720 Brooklyn Ave
Los Angeles, CA
90033











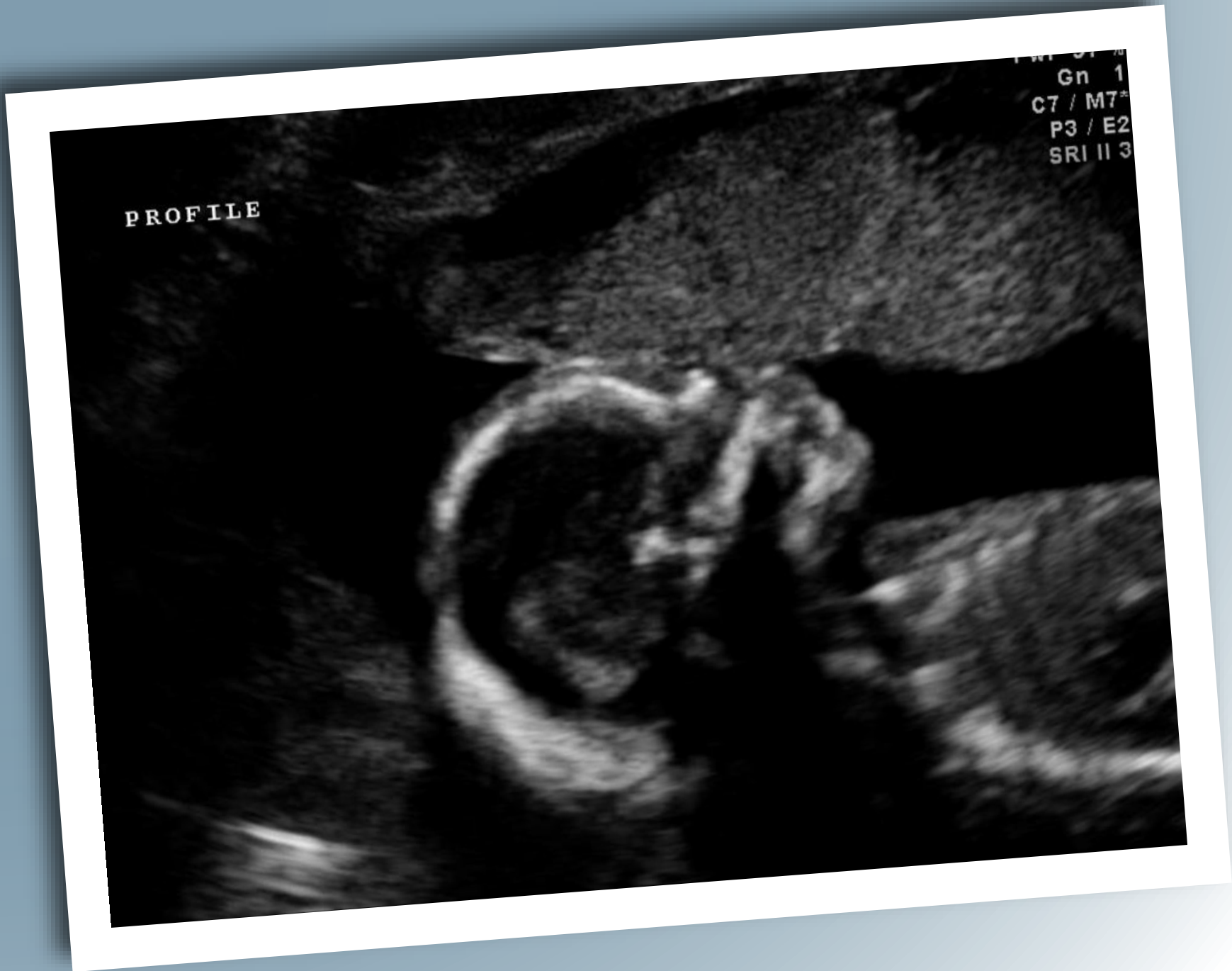
WITH A LITTLE HELP FROM MY FRIENDS



Bionic Woman's Team

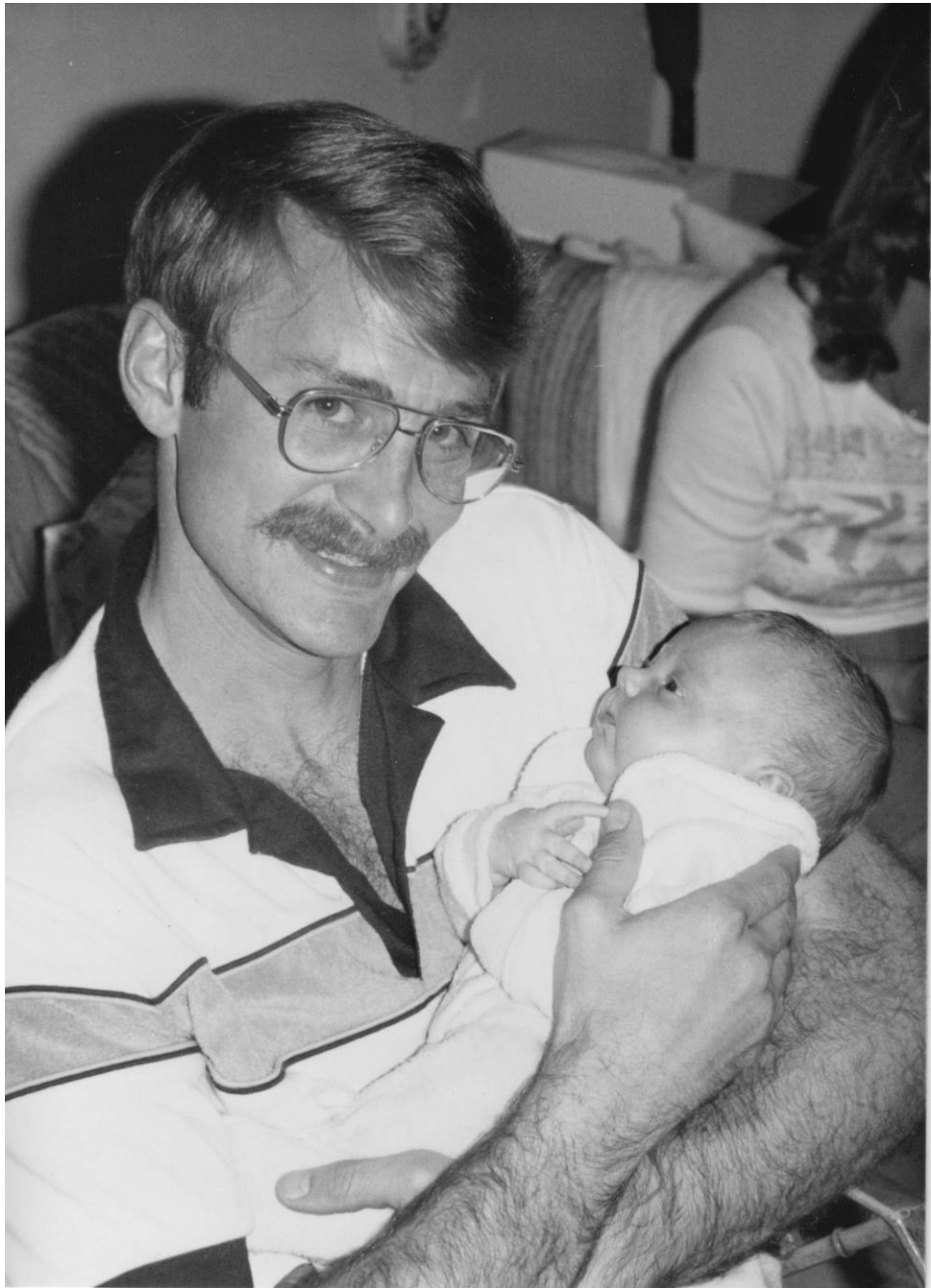
Zugspitze, Germany

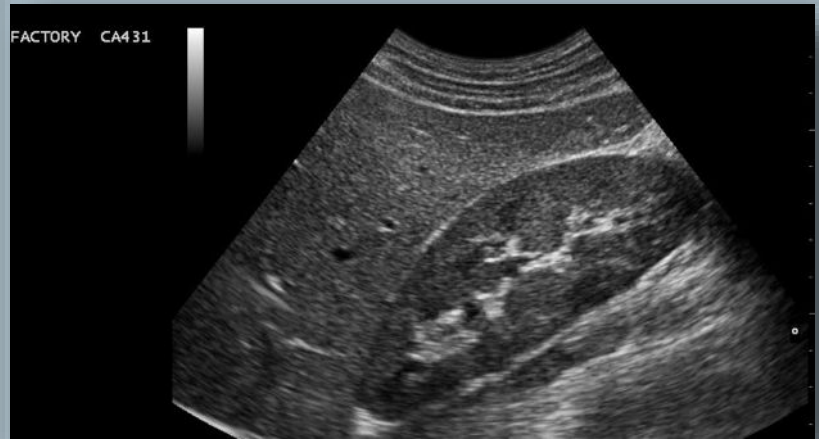
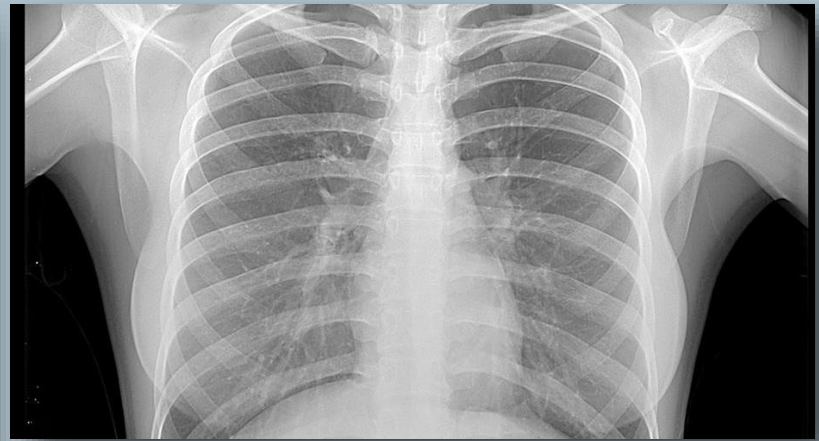




Oops...

How'd this happen?







Life's a beach





We-no-nah

Trout Tales





High-tech kitchen



Portage

bribe







The missing other half



INNOVATE

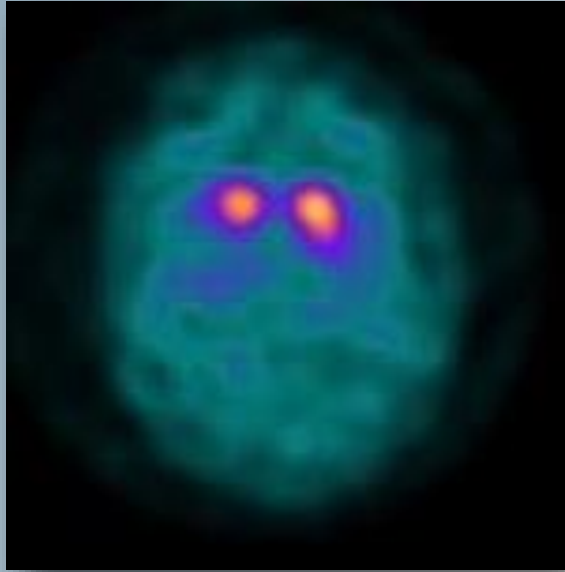




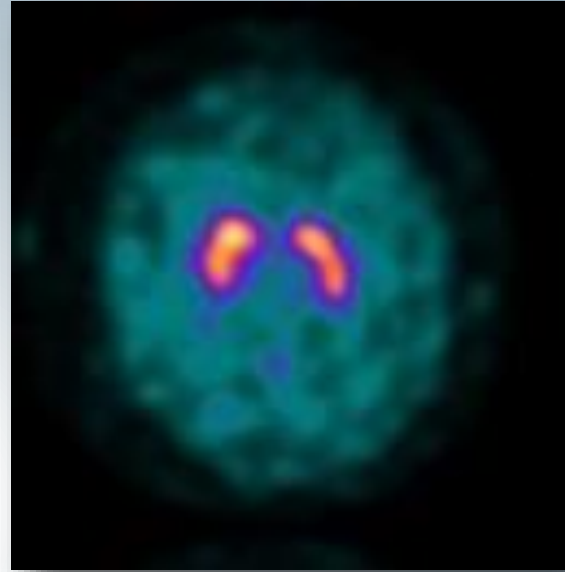








Me



Normal







PARKINSON'S:

*How to
Reduce*
Symptoms

THROUGH EXERCISE

Kristine Meldrum, BA, ACE

with Jay Alberts, PhD

LET'S KEEP MOVING!

Yoga, Fitness & Dance

Yoga for 50+

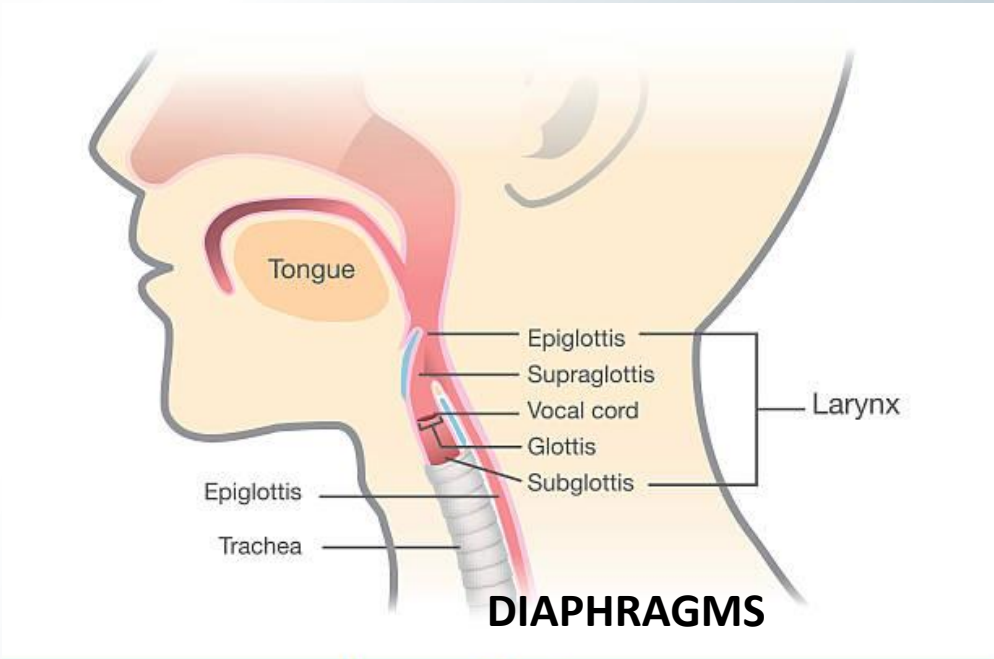
Feel Better Today!



Screenshot

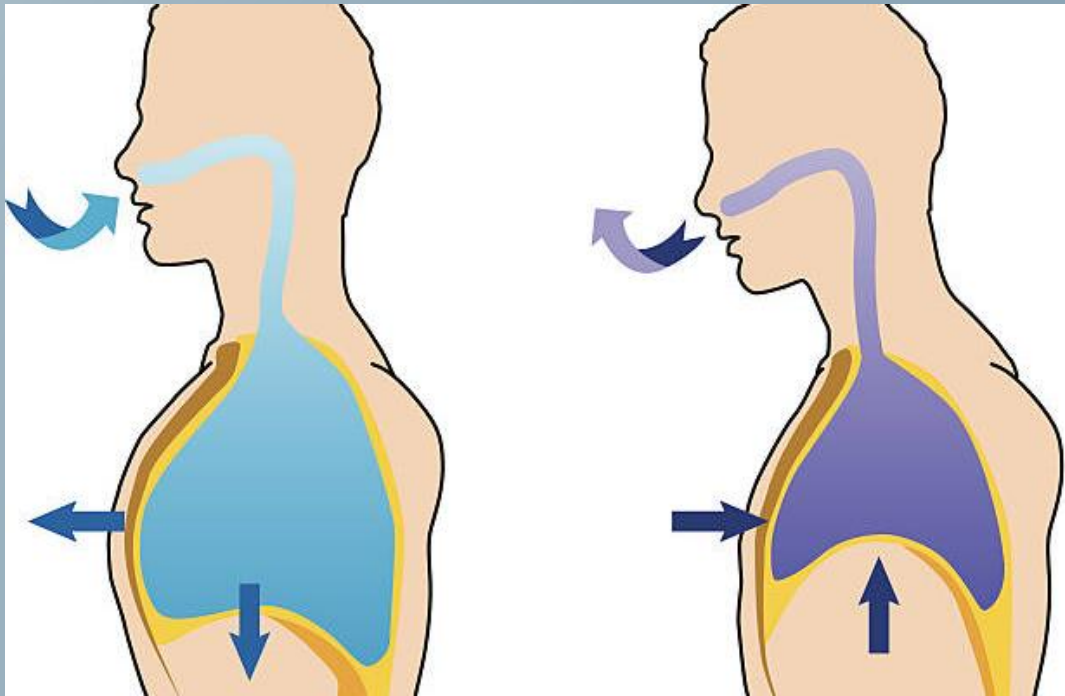


VOCAL CORDS & SWALLOWING



Larynx Anatomy

DIAPHRAGMS



A nonprofit
specializing in
speech therapy
for people with
Parkinson's



Parkinson Voice Project

12K followers • 275 following

 Following

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AudAbility Music Therapy Overview



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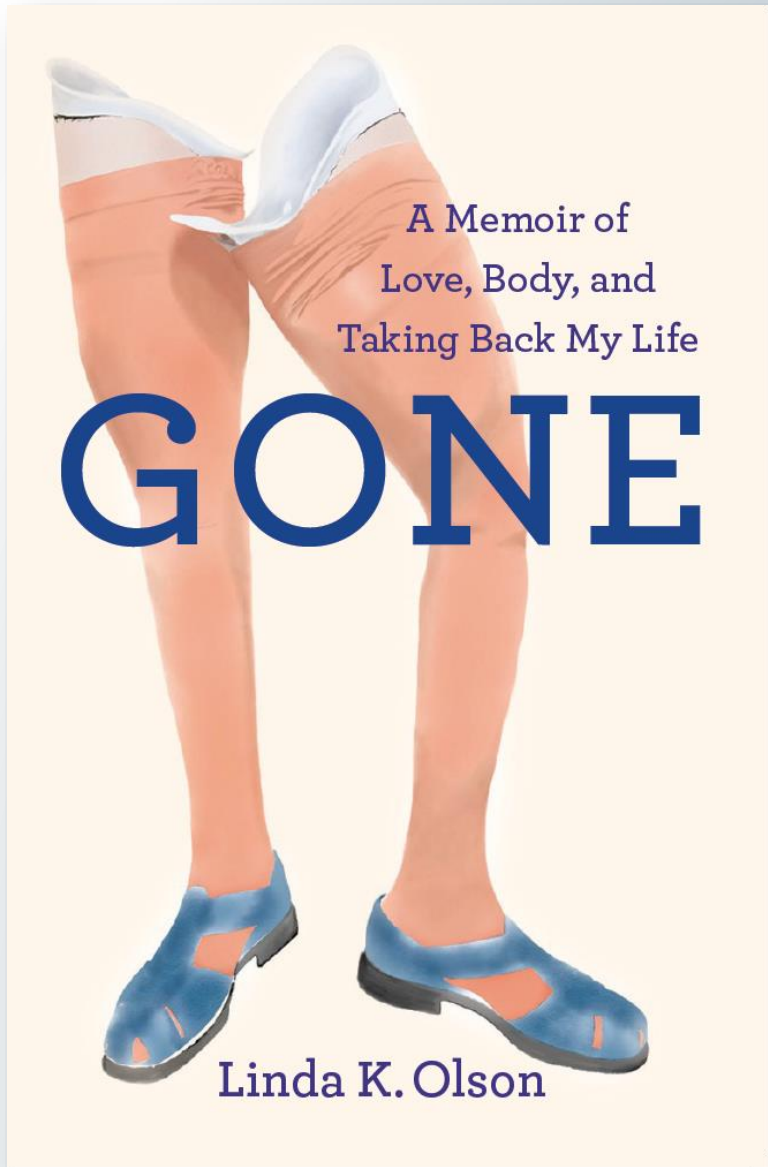
Center for Mindfulness





ACCEPT
ADAPT
INNOVATE





EXTRA SLIDES

CHAIR CARDIO

BOXING 

PILATES

SWIM 

WALK 

RUN 

SING



TAI CHI

DANCE 

CYCLING 

YOGA 

LSVT





1



2



3



4



5



6



7



8