

## Dance for PD in Staten Island, New York



Sundays at 12:30pm-1:30pm (EST) Be Yoga & Dance studio 1270 Bay Street Staten Island, NY 10305

## To RSVP, please contact (347)996-0142 or email vchan@apdaparkinson.org

## The American Parkinson Disease Association in partnership with Dance for PD®

In Dance for PD® classes, people living with Parkinson's and their families are invited to explore elements of different dance and movement styles with energizing and inspiring music as a guide. Anyone, at any level of ability and mobility, is welcome to participate in this award-winning, research-backed global program created and offered by the Mark Morris Dance Group. No dance experience is required. Experienced teaching artists from Dance for PD's New York flagship program emphasize a spirit of creativity and fun while demonstrating seated options for all activities.



Larissa Schiano-Gonzalez Founder Be Yoga & Dance, LLC

For accommodations, please contact: Larissa at 718-873-7672 or 718-981-0010.

For more events and information on Parkinson's Disease, please visit us at <u>www.apdaparkinson.org</u> or call the Helpline 800-223-2732.

