

## Parkinson's Disease Support Groups – Minnesota

City	Location	Day	Time	Facilitator Name	Facilitator Contact
Alexandria	Nelson Gables Governor's Room	4 <sup>th</sup> Wednesday (Except Nov. and Dec.)	3:00 PM	Val Trumm	320-762-2196
Aurora	White Community Hospital	2 <sup>nd</sup> Thursday	6:00 PM	Barb Hammer	218-229-2493
Baxter/Brainerd Lakes	Lord of Life Church	1 <sup>st</sup> Thursday	1:00 PM	Lynda Erickson	218-829-4017
Bemidji	Sanford Health WindSong (Theatre Room)	3 <sup>rd</sup> Tuesday	1:30 PM	JoAnn Tyk	218-318-0845
Big Lake (Young Onset)	Saron Lutheran Church	3 <sup>rd</sup> Tuesday	6:30 PM	Camille Johnson	763-350-7401
Bloomington	Friendship Village	1 <sup>st</sup> Monday (2 <sup>nd</sup> Monday on holidays)	11:00 AM	Mary Marcoux	952-830-9545
Blue Earth	MN Valley Action Council	2 <sup>nd</sup> Thursday	1:30 PM	Merry McGowen Mary O'Rourke	507-526-4684 507-553-5603
Breckenridge	Twin Town Villa Assisted Living	2 <sup>nd</sup> Thursday	2:00 PM	Hannah Walberg	218-643-8544
Burnsville	Prince of Peace Lutheran Church	2 <sup>nd</sup> Thursday	6:00 PM	Jody Slaughter	952-898-9312
Cloquet	Community Memorial Hospital	3 <sup>rd</sup> Monday	2:00 PM	Mary Beck	218-269-2211
Coon Rapids	Coon Rapids Senior Center	3 <sup>rd</sup> Thursday	1:00 PM	Milo Hartmann	612-599-0756
Crookston	Villa St. Vincent	2 <sup>nd</sup> Tuesday	4:00 PM	ReNae Sperling	218-281-3424 x252
Delano	Delano Senior Center	3 <sup>rd</sup> Thursday	1:30 PM	Nick Naton	763-972-0574
Detroit Lakes	Ecumen Detroit Lakes	Last Thursday of the month	2:00 Pm	Jody Griesen	218-844-8355
Duluth	Primrose Retirement	3 <sup>rd</sup> Monday (except July and Dec.)	10:00 AM	Joan Setterlund Catharine Larsen Bonnie Niemi	218-728-4986 218-733-9903 218-349-8095
Duluth	Benedictine Living Community	1 <sup>st</sup> Monday	1:00 PM	Christine Sabol	218-522-5980

Eden Prairie	Wooddale Church	2 <sup>nd</sup> Wednesday	11 AM	Todd Brady	952-836-5682
Edina	Walker Care Suites	Call for information		Teresa Kocher	952-230-1304
Eveleth	Eveleth Health Services	3 <sup>rd</sup> Wednesday	2:00 PM	Bonnie Saumer Mary Maki	218-658-2692 218-741-8069
Fairfax	Fairfax Community Home	3 <sup>rd</sup> Monday	12:30 PM	Mary Ann Dummer	507-426-7559
Fairmont	Grace Lutheran Church	Last Thursday of the month	10:30 AM	Joyce Peterson Thelma Vickerman	507-235-3833 507-238-2062
Fergus Falls	Mills Street Residence	First Thursday	2:00 PM	Mick Siems	218-736-8590
Glenwood	Glenwood Retirement Center	3 <sup>rd</sup> Monday	10:30 AM	Sarah Finley	(320) 634-5131
Golden Valley (Caregiver, Early Stage, Mid-Stage, Young Onset)	Struthers Parkinson's Center	Multiple days	Multiple times	Joan Hlas	952-993-6650
Grand Rapids (general caregiver support group, not PD-specific)	Elder Circle	2 <sup>nd</sup> Thursday	1:00 PM	Danielle	218-999-9233 x282.
Hastings	Tilden Community Welcome Center	3 <sup>rd</sup> Wednesday	2:00 PM	Laurie Thrush	651-480-7689
Lakeville	Walker Highview Hills	3 <sup>rd</sup> Thursday	11:00 AM	Emily	952-985-9000
Luverne	Poplar Creek	1 <sup>st</sup> Monday	2:00 PM	Dianne Karlstad	507-530-3307
Mankato	1 <sup>st</sup> Congregational United Church of Christ	3 <sup>rd</sup> Tuesday (except Jan. and Feb.)	2:00 PM	Kelly Simmons Betsy Paul	bpaul@gustavus.edu
Marshall	Adult Community Center	1 <sup>st</sup> Wednesday	3:30 PM	Terry Hennen Kathy Paxton	507-929-5624 507-828-4690
Minneapolis	Walker Place (The Waters of Minnehaha)	3 <sup>rd</sup> Monday	6:30 PM	Trisha Oian	612-827-8312
Minneapolis (Virtual)	VA Medical Center	3 <sup>rd</sup> Thursday (September through May, excluding December)	1:00 PM	Ann St. Jacques	612-467-1380
Montevideo	CCM Health	1 <sup>st</sup> Monday	3:30 PM	Gretchen Reeves	320-321-8240
New Prague	New Prague Firehall	3 <sup>rd</sup> Wednesday		Rosella Kes	952-215-5128

New Ulm	Christ the King Church	2 <sup>nd</sup> Monday	1:30 PM	Linda Tauer	507-227-1497
Northfield	Northfield Hospital	4 <sup>th</sup> Wednesday	3:00 PM	Maria Bohl Heather Scott	507-646-8840 507-646-8648
Stillwater	Courage Kenny Rehabilitation Institute	3 <sup>rd</sup> Wednesday	1 PM	Aimee Stanton	651-241-3373
Rochester	125 Live	3 <sup>rd</sup> Thursday (except June, July, August, December)	1:15 PM	Warren Lopour Sandy Woodruff	507-288-0359 507-282-3854
Sauk Rapids/St. Cloud	Independent Lifestyles	3 <sup>rd</sup> Monday	1:00 PM	Independent Lifestyles	320-358-7388
St. Paul	MHealth Fairview Woodwinds Hospital/ virtual	1 <sup>st</sup> Wednesday (except February and August)	10:00 AM	Margie Kron	651-326-3629
St. Paul	Lyngblomsten	1 <sup>st</sup> Thursday	1:00 PM	Jay Haukom	651-632-5391
Willmar	Bethesda Grand	2 <sup>nd</sup> Wednesday (except August)	10:00 AM		320-214-5663
Woodbury	Woodbury Lutheran Church	3 <sup>rd</sup> Wednesday	2:00 PM	Sandy Varpness	651-335-4852

Updated 5/2023.