



For additional information and accommodations, please contact:

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Coordinator**

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APDA Virtual Connecting Through Art

Connecting Through Art is a creative arts program that offers people with PD the space and ability to express feelings, emotions, and daily concerns through the activity of drawing and painting. This program encourages participants to socialize virtually as they participate and share in this painting art activity. For people with Parkinson's, participating in an art activity can help improve some of the symptoms of PD.

It is open to any adult who has been diagnosed with Parkinson's disease and their care partners.

The virtual Connecting Through Art program was filmed in collaboration with the Parrish Art Museum in Water Mill, NY. Museum Art Educator, Wendy Gottlieb, will guide participants through a step-by-step watercolor painting activity with a special lesson about Fairfield Porter, a figurative painter who created paintings of interior and exterior landscapes around his home in Southampton, NY and Maine.

The program is free, but registration is required. **Please contact Julie Garofalo, RN, I&R Coordinator, Julie.Garofalo@chsli.org or 631-862-3560 for more information.**