

Dance for PD in Staten Island, New York

DANCE *for* PD®

Sundays at 12:30pm-1:30pm (EST)
Be Yoga & Dance studio
1270 Bay Street
Staten Island, NY 10305

To RSVP, please contact (347)996-0142 or email vchan@apdaparkinson.org

The American Parkinson Disease Association in partnership with Dance for PD®

In Dance for PD® classes, people living with Parkinson's and their families are invited to explore elements of different dance and movement styles with energizing and inspiring music as a guide. Anyone, at any level of ability and mobility, is welcome to participate in this award-winning, research-backed global program created and offered by the Mark Morris Dance Group. No dance experience is required. Experienced teaching artists from Dance for PD's New York flagship program emphasize a spirit of creativity and fun while demonstrating seated options for all activities.



**Larissa Schiano-
Gonzalez**
Founder
Be Yoga & Dance,
LLC

For accommodations, please contact: Larissa at 718-873-7672 or 718-981-0010.

For more events and information on Parkinson's Disease, please visit us at www.apdaparkinson.org or call the Helpline 800-223-2732.