

# VIRTUAL PARKINSON'S GOOD START PROGRAM



The Good Start Program is a two-part series presented virtually by a team of Parkinson's disease specialists from the Center for Neurorehabilitation, Sargent College at Boston University and the APDA Center for Advanced Research and APDA Information & Referral Center at Boston University Medical Center.

There is no cost for this program. This program is designed for individuals diagnosed with PD within the past three years. The presentation will be held via Zoom.

Wednesdays, October  
19 & 26, 2022

6 - 8 PM

Program will be  
provided via Zoom



**Session One**  
**Wednesday, Oct. 19**

**Welcome and Program  
Overview**

**What is Parkinson's  
Disease?**

**The Role of  
Rehabilitation/Exercise**

**Session Two**  
**Wednesday, Oct. 26**

**Welcoming Remarks**

**Introduction to the  
Healthcare Team**

**Medication Management**

[Register Here](#)

Questions?: 800-651-8466 or [apdama@apdaparkinson.org](mailto:apdama@apdaparkinson.org)