

NEW flexible study visits! We can come to your home or meet via telehealth.

Walking Health is Paramount in Parkinson Disease (WHIP-PD)

You are invited to participate in a research study designed to improve and support your walking health. The program is intended to be flexible and completed over a 12-month period.

Eligible participants will be randomly assigned to one of two groups. Both groups will have up to 8 visits with a licensed physical therapist. The program will include walking and exercises to improve walking capacity. One group will use an application or “app” through a smartphone or tablet for the walking and home exercise program, and the other group will use photos and paper instructions for their walking and home exercise programs.



YOU MAY BE ELIGIBLE TO PARTICIPATE IN THIS STUDY IF YOU:

- Have been diagnosed with Parkinson disease.
- Are able to walk without assistance from another person for at least 10 continuous minutes.
- Are able to attend physical therapy and evaluation sessions at the Center for Neurorehabilitation at Boston University or are willing to have a study staff member come to your home.



FOR MORE INFORMATION CALL 617-358-6157 OR EMAIL WHIPPD@BU.EDU

BOSTON UNIVERSITY CENTER FOR NEUROREHABILITATION