

# VIRTUAL PARKINSON'S GOOD START PROGRAM



The Good Start Program is a two-part series presented virtually by a team of Parkinson's disease specialists from Boston University Medical Center and Spaulding Rehabilitation Hospital Cape Cod. This program is supported by the Parkinson Support Network of Cape Cod.

There is no cost for this program. This program is designed for individuals diagnosed with PD within the past five years. The presentation will be held via Zoom.

Tuesdays,  
October 20 & 27, 2020

6 - 8 PM

Program will be provided  
via Zoom



## Session One Tuesday, Oct. 20

### Welcome and Program Overview

Cathi A. Thomas, MS, RN  
(Boston University Medical Campus)

### What is Parkinson's Disease?

Stephanie Bissonnette, DO  
(Boston University Medical Campus)

### The Role of Rehabilitation/Exercise

Heather Merrill, MSPT  
Barbara Kimmey, PT, CBIS  
(Spaulding Rehabilitation Hospital  
Cape Cod)

## Session Two Tuesday, Oct. 27

### Welcoming Remarks

Carole Stasiowski  
(Spaulding Rehab Cape Cod)

### Introduction to the Healthcare Team

John Allen, PhD  
Kathleen Withers, DPT, CBIS  
Minal Kadam, SLP  
Jaclyn Davin, OT, CDI  
(Spaulding Rehabilitation Hospital  
Cape Cod)

### Medication Management

Sarah O'Shea, MD, MS  
(Boston University Medical Center)

Register:

800-651-8466 or [apdama@apdaparkinson.org](mailto:apdama@apdaparkinson.org)