The Good Start Program is a two-part series presented virtually by a team of Parkinson's disease specialists from Boston University Medical Center and Spaulding Rehabilitation Hospital Cape Cod. This program is supported by the Parkinson Support Network of Cape Cod.

There is no cost for this program. This program is designed for individuals diagnosed with PD within the past five years. The presentation will be held via Zoom.

Tuesdays, October 20 & 27, 2020
6 - 8 PM
Program will be provided via Zoom

Session One
Tuesday, Oct. 20

Welcome and Program Overview
Cathi A. Thomas, MS, RN
(Boston University Medical Campus)

What is Parkinson's Disease?
Stephanie Bissonnette, DO
(Boston University Medical Campus)

The Role of Rehabilitation/Exercise
Heather Merrill, MSPT
Barbara Kimmey, PT, CBIS
(Spaulding Rehabilitation Hospital Cape Cod)

Session Two
Tuesday, Oct. 27

Welcoming Remarks
Carole Stasiowski
(Spaulding Rehab Cape Cod)

Introduction to the Healthcare Team
John Allen, PhD
Kathleen Withers, DPT, CBIS
Minal Kadam, SLP
Jaclyn Davin, OT, CDI
(Spaulding Rehabilitation Hospital Cape Cod)

Medication Management
Sarah O'Shea, MD, MS
(Boston University Medical Center)

Register:
800-651-8466 or apdama@apdaparkinson.org