

VIRTUAL PARKINSON'S GOOD START PROGRAM



The Good Start Program is a two-part series presented virtually by a team of Parkinson's disease specialists from the Center for Neurorehabilitation, Sargent College at Boston University and the APDA Center for Advanced Research and APDA Information & Referral Center at Boston University Medical Center.

There is no cost for this program. This program is designed for individuals diagnosed with PD within the past three years. The presentation will be held via Zoom.

Wednesdays,
September 23 & 30,
2020

6 - 8 PM

Program will be
provided via Zoom



EXCEPTIONAL CARE. WITHOUT EXCEPTION.



Session One **Wednesday, Sep. 23**

Welcome and Program Overview

Cathi A. Thomas, MS, RN

What is Parkinson's Disease?

Ludy Shih, MD

The Role of Rehabilitation/Exercise

Terry Ellis, PT, PhD

Session Two **Wednesday, Sep. 30**

Welcoming Remarks

Tami DeAngelis, PT, DPT

Introduction to the Healthcare Team

Katelyn Bird, MD
Timothy Nordahl, PT, DPT
Stacey Zawacki, DrPH, RD, LD
Elizabeth Hoover, PhD, CCC-
SLP, BC-ANDCDS

Medication Management

Sarah O'Shea, MD, MS

Register:

800-651-8466 or apdama@apdaparkinson.org