



Sing Out Loud

Therapeutic Chorus for people with Parkinson's Disease

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson's Disease, Guild Hall, and the American Parkinson Disease Association, **Sing Out Loud (SOL)** is a therapeutic chorus designed specifically for people living with Parkinson's Disease and their care partners.

As featured on News 12, Southampton Press, East Hampton Star, and The Independent, this fun, 8-week workshop is led by **Valerie diLorenzo**, award-winning Vocalist and Teaching Artist, with accompaniment by **Amanda Jones**, Director of Music Education for South Fork Performing Arts Inc. The program includes voice and breathing exercises, while focusing on singing and the joy of coming together to celebrate music and one another. No prior singing experience required!

When: Wednesdays, Sept. 25th - Nov. 20th

September 25

October 2, 16, 23, 30

November 6, 13, 20

Location: Guild Hall

158 Main Street

East Hampton, NY

Time: 1:00 PM - 2:30 PM

To register or for more information, please call: (631) 726-8800

The Center for Parkinson's Disease at Stony Brook Southampton Hospital