



# Sing Out Loud

Therapeutic Chorus for people with Parkinson's Disease and their carepartners

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson's Disease, Riverhead Free Library and the American Parkinson Disease Association, Sing Out Loud (SOL) is a therapeutic chorus designed specifically for people living with Parkinson's Disease. Care partners are encouraged to attend and participate!

This fun, 8-week workshop explores an evidenced-based curriculum developed by **Lee Morris**, Neurologic Music Therapist and informed by the research and expertise of **Renee Fabus**, Ph.D., CCC-SLP, TSHH, Associate Dean for Research SHTM at Stony Brook University. Sing Out Loud will engage participants in singing-based therapy to address loudness, clarity, and other vocal functions, while fostering social connections through the process of musical exploration. No prior singing experience required!

**When:** Fridays, Sept. 20th - Nov. 15th  
September 20th, 27th  
October 11th, 18th, 25th  
November 1st, 8th, 15th

**Location:** Riverhead Free Library  
330 Court St., Riverhead

**Time:** 10:30 AM - 12:00 PM

**To register or for more information, please call: (631) 726-8800**

*The Center for Parkinson's Disease at Stony Brook Southampton Hospital*