



Sing Out Loud

Therapeutic Chorus for people with Parkinson's Disease

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson's Disease, Guild Hall, and the American Parkinson Disease Association, Sing Out Loud (SOL) is a therapeutic chorus designed specifically for people living with Parkinson's Disease and their care partners. This fun, 8-week workshop is led by Valerie diLorenzo, award-winning Vocalist and Teaching Artist, and will engage participants in singing-based therapy to address the voice symptoms of PD, while fostering social connections through the process of musical exploration. No prior singing experience required!

When: Wednesdays: April 3 - May 22
April 3, 10, 17, 24
May 1, 8, 15, 22

Location: Guild Hall
158 Main Street
East Hampton, NY

Time: 1:00 PM - 2:30 PM

To register or for more information, please call: The Ed and Phyllis Davis
Wellness Institute at Stony Brook Southampton Hospital: (631) 726-8800