

Sing for Joy

A Vocal Strengthening Group for People with Parkinson Disease



Sing for Joy is a free singing group for people living with Parkinson disease. In conjunction with the Parkinson Support Network of Cape Cod and American Parkinson Disease Association, the Conservatory developed the group to help those with Parkinson disease maintain the health of their voice, build community through singing, and experience hope – and joy – through music. Family members, friends, caregivers, and all who love to sing are welcome.

Program director, Joseph Dudzinski, has led community choirs for 30 years, and he welcomes individuals affected by PD to try singing as therapy. Sing for Joy requires no experience; just the desire to sing to strengthen the voice, body, and spirit. Spouses, friends, and care providers are welcome and encouraged to be active members of the group.

The program is free but please call ahead to register.

SING FOR JOY

Tuesdays, 11 AM—12 PM

Held at the Barnstable Senior Center

825 Falmouth Road, Hyannis

To register, contact the Conservatory: 508.362.2772

info@capeconservatory.org

capeconservatory.org