



Sing Out Loud

Therapeutic Chorus for people with Parkinson's Disease

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson's Disease, Riverhead Free Library and the American Parkinson Disease Association, Sing Out Loud (SOL) is a therapeutic chorus designed specifically for people living with Parkinson's Disease and their care partners. This fun, 8-week workshop explores an evidenced-based curriculum developed by Lee Morris, Neurologic Music Therapist and informed by the research and expertise of Renee Fabus, Ph.D., CCC-SLP, TSHH, Associate Dean for Research SHTM at Stony Brook University. Sing Out Loud will engage participants in singing-based therapy, while fostering social connections through the process of musical exploration. No prior singing experience required!

When: Fridays: March 15 - May 10
March 15, 22, 29
April 5, 12, 26
May 3, 10

Location: Riverhead Free Library
330 Court St., Riverhead

Time: 10:30 AM - 12:00 PM

To register or for more information, please call: The Ed and Phyllis Davis
Wellness Institute at Stony Brook Southampton Hospital: (631) 726-8800