



# Sing Out Loud

Therapeutic Chorus for people with Parkinson's Disease

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson's Disease, Guild Hall, and the American Parkinson Disease Association, **Sing Out Loud (SOL)** is a therapeutic chorus designed specifically for people living with Parkinson's Disease and their care partners.

This fun, 4-week workshop is led by **Valerie diLorenzo**, award-winning Vocalist and Teaching Artist, and will engage participants in singing-based therapy to address the voice symptoms of PD, while fostering social connections through the process of musical exploration.

No prior singing experience required!

**When:** Wednesdays: July 10th - July 31st  
July 10th, 17th, 24th, 31st

**Location:** Guild Hall  
158 Main Street  
East Hampton, NY

**Time:** 10:30 AM - 12:00 PM

**To register or for more information, please call: (631) 726-8800**

*The Ed and Phyllis Davis Wellness Institute at Stony Brook Southampton Hospital*