

“Parkinson’s and the Family Care Partner: What You Need to Know”



We are pleased to present a monthly series for family care partners to provide education and support as you navigate care.

**This program will take place monthly on the fourth Tuesday of the month from
1:00 to 2:30 PM April 23 – November 26, 2019**

Participants may attend any or all sessions of the program

New Horizons at Choate, 21 Warren Avenue, Woburn, MA 01801

April 23, 2019:	Understanding Parkinson’s Disease and the Role of the Family Caregiver
May 28, 2019:	Medication Management and Practical Solutions to Stay Organized and On Time
June 25, 2019:	Moving Safely, the Role of Exercise for You and Your Family Member
July 23, 2019:	Understanding Changes in Mood, Behavior and Thinking in Parkinson’s
August 27, 2019:	Taking Care of Yourself, Sensible Solutions
September 24, 2019:	Understanding levels of Care in the Home Setting: Short- and Long-Term Solutions
October 22, 2019:	Hospitalization and PD: Special Concerns
November 26, 2019:	Effective Communication with the Healthcare Team

Space is limited. Pre-registration is required for this free program.

To register or for additional information please contact
Cathi Thomas at the APDA I & R Center at BUMC at 800-651-8466



Assisting Hands®
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This program is in partnership with Assisting Hands Home Care and New Horizons at Choate, LLC