

# SMILE THROUGH ART™ WORKSHOP



Supported by a grant from The American Parkinson Disease Association Massachusetts Chapter (APDA MA), The Art Cart will be continuing their Smile Through Art Workshops in **Worcester, MA!** Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our consecutive workshops, explore different mediums of art and teach participants how to temporarily alleviate symptoms of Parkinson's disease. Participants do not need to have any prior artistic abilities and all materials are provided for the workshops.

RSVP Required via Email, [smilethroughart@gmail.com](mailto:smilethroughart@gmail.com)  
For more information please contact APDA-MA Board Member Saba Shahid at [smilethroughart@gmail.com](mailto:smilethroughart@gmail.com) or (203) 565-9647.

**For More information on The Art Cart and the Smile Through Art Workshops please visit [www.smilethroughart.com](http://www.smilethroughart.com)**

Sponsored By:



Creativity and  
Movement  
Workshop



**FAMILY MEMBER OR  
CAREGIVER  
WELCOME TO ATTEND  
(SPACE PERMITTING)**

**LOCATION:**  
121 LINCOLN STREET,  
WORCESTER, MA

**2019 DATES:**  
January 24, 2019  
February 21, 2019  
March 14, 2019  
April 4, 2019  
May 23, 2019  
June 27, 2019  
July 25, 2019  
August 22, 2019  
September 19, 2019  
October 24, 2019  
November 14, 2019  
December 7, 2019

**TIME:**  
6:00-8:00PM