

SMILE THROUGH ART™

www.smilethroughart.com

Supported by a grant from The American Parkinson Disease Association Massachusetts Chapter (APDA MA), The Art Cart will continue a monthly series of Smile Through Art™ workshops at DopaFit™ Parkinson's Movement Center.

Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our workshops, explore different mediums of art and teach participants how to temporarily alleviate symptoms of Parkinsons while enhance mood and fine motor skills.

Pre-registration for each workshop is required! These workshops are supported by a grant from APDA-MA and there is no cost to attend. To sign up or for more information please contact APDA-MA board member, Saba Shahid, at smilethroughart@gmail.com or at (203) 565-9647.

For more information on our programming, visit www.smilethroughart.com



CREATIVITY AND MOVEMENT WORKSHOPS

OPEN ONLY TO PERSON WITH PARKINSONS. FAMILY MEMBER OR CAREGIVER WELCOME TO ATTEND (SPACE PERMITTING)

WORKSHOP DATES:

January 26, 2019
February 23, 2019
March 16, 2019
April 6, 2019
May 25, 2019
June 29, 2019
July 27, 2019
August 24, 2019
September 21, 2019
October 19, 2019
November 16, 2019
December 7, 2019

Time: 11-1pm

Location:

DopaFit™ Movement Center
15 College Highway
Southampton, MA
01073