

# Sing for Joy

## A Vocal Strengthening Group for People with Parkinson Disease

**Sing for Joy** is a free singing group for people living with Parkinson disease. In conjunction with the Parkinson Support Network of Cape Cod and American Parkinson Disease Association, the Conservatory developed the group to help those with Parkinson disease maintain the health of their voice, build community through singing, and experience hope – and joy – through music. Family members, friends, and caregivers are welcome.

Program director, Joseph Dudzinski, has led community choirs for 30 years, and he welcomes all those affected by PD to try singing as therapy. Sing for Joy requires no expert experience, just the desire to sing to strengthen the voice and body. Spouses, friends, and care providers are welcome and encouraged to be active members of the group.

The program is free but please call ahead to register.



### Sing for Joy!

Mondays | 10:30-11:30 AM

**Cape Conservatory**  
**2235 Iyannough Road**  
**West Barnstable**  
**508.362.2772**  
**info@capeconservatory.org**  
**capeconservatory.org**