



Catholic Medical Center is pleased to offer a two-part speech therapy program to help individuals with Parkinson's regain and maintain effective communication: SPEAK OUT![®] followed by The LOUD Crowd[®].

SPEAK OUT![®] places emphasis on speaking with intent and converting speech from an automatic function to an intentional act. Together, patients and their speech-language pathologist work through a series of speech, voice, and cognitive exercises outlined in a SPEAK OUT![®] workbook.

Upon completion of SPEAK OUT![®], patients transition to The LOUD Crowd[®]. This maintenance program consists of weekly group sessions led by a speech-language pathologist. The SPEAK OUT![®] exercises are performed and group members provide support, encouragement and accountability to one another.

Participation in The LOUD Crowd[®], along with daily home practice, has been shown to help patients maintain their communication skills throughout the progression of Parkinson's.

For more information, please call:
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