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function and quality
of life.

Find your strength.



SPAULDING
REHABILITATION HOSPITAL
CAPE COD

Raise Your Voice

A Speech and Voice Training Program for Individuals with Parkinson's

Raise Your Voice is a 6-week program designed for those individuals with Parkinson's Disease who are experiencing change in their speech and voice. In a supportive group environment, **Raise Your Voice** meets weekly with a licensed speech language pathologist who targets specific skills for managing functional communication:

- Breathing
- Volume
- Articulation

Raise Your Voice participants receive education, daily exercises and strategies to promote self-management of voice and speech.

WHEN

Fridays 12:15-1:15pm

WHERE

Spaulding Cape Cod
Multi-purpose Room
311 Service Road
East Sandwich

COST

\$90 per 6-week session

TO REGISTER

(508) 833-4078

Find us



www.spauldingrehab.org