Raise Your Voice
A Speech and Voice Training Program for Individuals with Parkinson’s

Raise Your Voice is a 6-week program designed for those individuals with Parkinson’s Disease who are experiencing change in their speech and voice. In a supportive group environment, Raise Your Voice meets weekly with a licensed speech language pathologist who targets specific skills for managing functional communication:

- Breathing
- Volume
- Articulation

Raise Your Voice participants receive education, daily exercises and strategies to promote self-management of voice and speech.

**WHEN**
Fridays 12:15-1:15pm

**WHERE**
Spaulding Cape Cod
Multi-purpose Room
311 Service Road
East Sandwich

**COST**
$90 per 6-week session

**TO REGISTER**
(508) 833-4078

Find us
www.spauldingrehab.org