

NON-PROFIT  
ORG  
US Postage  
PAID  
Framingham,  
MA



# NEW ENGLAND REGIONAL PARKINSON'S CONFERENCE

A conference designed to educate and inspire people with PD and those who care about them through speakers, exhibitors, networking, & FUN - including a Sunday evening social

October 14 & 15, 2018

Holiday Inn  
Mansfield/Foxboro  
31 Hampshire Street  
Mansfield, MA 02048

APDA Massachusetts Chapter  
Boston University Medical Campus  
72 East Concord Street, C3  
Boston, MA 02118

## Schedule of Events

### Day One: Sunday, October 14, 2018

- 2:00-4:00pm **An Update on Research**  
Marie Saint-Hilaire MD, FRCPC  
Rebecca Gilbert MD, PhD  
  
Cathi Thomas, MS, RN  
Facilitator
- 2:00-4:00pm **An Update on Deep Brain Stimulation**  
Umer Akbar, MD  
Wael Asaad, MD, PhD  
Samuel Ellias, MD  
Okeanis Vaou, MD  
  
Mary Ellen Thibodeau, RN  
Facilitator
- 6:00-10:00pm **Sunday Social - An APDA Celebration**  
*Join us for a special evening celebrating over twenty years of care, support, and Parkinson's progress in New England, complete with dinner, music, dancing, raffle, and fun.*  
  
**Greetings**  
Marlane Argianas, CT  
Charlotte Gowen, VT

### Day Two: Monday, October 15, 2018

- 8:00-10:00am **Exhibit Hall Opens**  
*Visit resource tables and speak with experts representing a wide variety of organizations and community programs.*
- 10:00am **Welcome**  
Athol Cochrane, RI
- 10:00-10:45am **Understanding Non-Motor Symptoms in Parkinson's**  
Joseph Friedman, MD
- 10:45-11:30am **Managing Motor Fluctuations in Parkinson's**  
J. Antonelle de Marcaida, MD
- 11:45-1:30pm **Luncheon & Exhibits**  
  
**Greetings from APDA**  
Leslie Chambers, MSPH,  
President and CEO, APDA
- 1:30-2:00pm **Managing Your Blood Pressure**  
Anelyssa D'Abreu, MD
- 2:00-3:00pm **Create. Move. Smile.**  
Chad Moir  
Saba Shahid, MS
- 3:00pm **Closing Remarks**  
Kristin Stapleton, MA

For speaker bios and online information,  
visit <http://apdama.org>



# PARKINSON'S PERSPECTIVES:

A Symposium designed to educate and inspire people with PD and those who care about them

## Featuring

**Marlane Argianas**  
Program Coordinator, APDA CT Chapter

**Umer Akbar, MD**  
Co-Director, Movement Disorders and Deep Brain Stimulation Programs, Rhode Island Hospital; Assistant Professor of Neurology, Alpert Medical School at Brown University

**Wael Asaad, MD, PhD**  
Co-Director, Deep Brain Stimulation Program, Rhode Island Hospital; Assistant Professor of Neurosurgery, Assistant Professor of Neuroscience, Alpert Medical School at Brown University

**Leslie Chambers, MSPH**  
President, CEO, American Parkinson Disease Association

**Athol Cochrane**  
President, APDA RI Chapter; Board Member, APDA National

**J. Antonelle de Marcaida, MD**  
Director, Movement Disorders Center, Hartford Hospital; Medical Director, APDA Information & Referral Center, Chase Family Movement Disorder Center, Ayer Neuroscience Institute, Hartford Healthcare

**Anelyssa D'Abreu, MD**  
Co-Director, Movement Disorders Program, Rhode Island Hospital; Assistant Professor of Neurology, Alpert Medical School at Brown University

**Samuel Elias, MD, PhD**  
Associate Professor of Neurology, Movement Disorder Specialist, Neurological Director, Deep Brain Stimulation Program, Boston University Medical Campus

**Joseph Friedman, MD**  
Stanley Aronson Chair in Neurodegenerative Disorders, Director, Movement Disorders Program, Butler Hospital; Professor, of Neurology, Alpert Medical School at Brown University

**Rebecca Gilbert, MD, PhD**  
Vice President and Chief Scientific Officer, American Parkinson Disease Association

**Charlotte Gowen, MS-HCA**  
Secretary & Treasurer, APDA VT Chapter

**Chad Moir**  
DopaFit Parkinson's Wellness Center; Board Member, APDA MA Chapter

**Rosemary Owen**  
Program Planner, APDA MA Chapter and Information & Referral Center

**Marie Saint-Hilaire, MD, FRCPC**  
Professor of Neurology, Medical Director, Parkinson's Disease and Movement Disorders Center & APDA Center for Advanced Research, Boston University Medical Campus

**Saba Shahid, MS**  
Chief Smiling Officer of The Art Cart Creativity and Movement Workshops; Board Member, APDA MA Chapter

**Kristin Stapleton**  
President, APDA MA Chapter

**Mary Ellen Thibodeau, RN**  
Coordinator, APDA Center RI, Kent Hospital, Warwick, RI

**Cathi A. Thomas, MS, RN, CNRN**  
Assistant Professor of Neurology, Coordinator, APDA Information and Referral Center, Boston University Medical Campus

**Okeanis Vaou, MD**  
Assistant Professor of Neurology, Movement Disorder Specialist, Boston University Medical Campus

## Hotel Accommodations

Special conference room rates of \$99 per night are available at the Holiday Inn Mansfield-Foxboro Area. **Call the hotel directly to reserve a room as soon as possible.**

Holiday Inn Mansfield-Foxboro Area  
31 Hampshire Street  
Mansfield, MA 02048  
(508) 339-2200

### Driving Directions:

#### From I-95 North or South

Take exit 7A to merge onto MA-140 S toward Mansfield. Make a right onto Forbes Boulevard. Follow Forbes Boulevard until it turns into Cabot Boulevard. The hotel will be on the right.

#### From I-495 North or South

Take exit 12, Route 140 N Mansfield. At the fifth set of lights, take a left onto Forbes Boulevard. Stay to the right and continue straight on this road; the road will change to Cabot Boulevard. The hotel is at the end of Cabot Boulevard, on the right.

### For More Information Call:

APDA Center  
800-651-8466 (toll-free)

## Registration

Name (s): \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

### Day One: Conference and Dinner Dance

\_\_\_\_\_ x \$20 each = \$ \_\_\_\_\_  
Dinner Choice:  
# Chicken \_\_\_\_\_  
# Vegetarian \_\_\_\_\_

### Day Two: Conference and Exhibits

\_\_\_\_\_ x \$20 each = \$ \_\_\_\_\_  
Lunch Choice: # Turkey \_\_\_\_\_  
# Vegetarian \_\_\_\_\_

### Total Cost (all participants, both days):

\$ \_\_\_\_\_

### To Pay by Check:

To pay by check, mail this registration form with a check made payable to American Parkinson Disease Association. Please mail to:

**APDA Massachusetts Chapter**  
**72 East Concord Street, C3**  
**Boston, MA 02118**

### To Register Online:

To pay securely by credit card, visit [www.apdama.salsalabs.org/neregional2018](http://www.apdama.salsalabs.org/neregional2018)