

NYC-BASED TRIAL

Seeking adults 60+ with Parkinson's disease and swallowing difficulties

Are you embarrassed to eat with friends and family?

Do you ever cough while drinking or eating?

Does food ever go down the "wrong pipe"?

If you answered "yes" to any of these questions you may be a candidate!

WHO:

60 years and older

English-speaking only

Swallowing difficulties

Diagnosis of Parkinson's disease

Ability to commit to an 8-week intervention program

WHAT:

Complete an initial assessment (1.5 hours) and participate in 18 therapy sessions with the modality of electrical stimulation (30 minutes each) and 3 therapy sessions without the use of electrical stimulation.

WHERE:

Therapy sessions will take place at a private practice on the Upper West Side, a private room at Riverside Library, in Washington Heights, or in your home.

BENEFIT/RISK:

There are no significant risks related to participating in this study. There may be a benefit of improved swallowing abilities and increased quality of life.

CONTACT:

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The Effect of Neuromuscular Electrical Stimulation
(NMES) on Dysphagia Severity and the Role of Surface
Electromyography (sEMG) in the Assessment and Treatment
of Idiopathic Parkinson's Disease

Protocol # 180543-02
Page 1 of 1