Art Escape Painting Classes
Designed for individuals with Parkinson’s disease and care partners

This series incorporates classes for both care partners and individuals with Parkinson’s. Classes are 3-hour step-by-step acrylic painting workshops, taught by Renee MacMurray of MacMurray Designs Art Studios. Become an artist for the day with Art Escape!

This program is a collaboration between 110 Fitness and MacMurray Designs Art Studios, and is supported by a grant from the American Parkinson Disease Association Massachusetts Chapter.

Contact Brett Miller at 781-616-3313 or bmiller@110fitness.org for exact dates, and to register.

MacMurray Designs | 110 Fitness
200 Weymouth Street | Rockland, MA 02370

Care Partner Workshops
One Day Per Month:
Evening, Day TBD

Parkinson’s Workshops
One Day Per Month:
Monday, 11—2 PM

Supported by a grant from the American Parkinson Disease Association Massachusetts Chapter
apdama.org | 800 651-8466 | apdama@apdaparkinson.org