

SMILE THROUGH ART WORKSHOP

In partnership with The American Parkinson Disease Association Massachusetts Chapter, The Art Cart will be bringing their Smile Through Art Workshops to **Lexington, MA!** Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our consecutive workshops, explore different mediums of art and teach participants how to temporarily alleviate symptoms of Parkinson's disease. Participants do not need to have any prior artistic abilities and all materials are provided for the workshops!

To sign up or for more information please contact APDA-MA Board Member Saba Shahid at smilethroughart@gmail.com or (203) 565-9647.

You can also register for these workshops with APDA-MA at (800) 651-8466 or information@apdama.org

For More information on The Art Cart and the Smile Through Art Workshops please visit www.smilethroughart.com

Sponsored By:



Supported by a grant
from the APDA-MA



**FAMILY MEMBER OR
CAREGIVER WELCOME
TO ATTEND (SPACE
PERMITTING)**

**LOCATION:
LEXINGTON COMMUNITY
CENTER, 39 MARRETT
ROAD, LEXINGTON, MA
02421**

2018 DATES:

- April 25th
- May 23rd
- June 20th
- July 18th
- August 22nd
- September 19th

TIME:

- 3:30-5:30PM