Movement Classes For People with Parkinson's

2019 Sessions



Robert Wood Johnson Fitness & Wellness Center David Tamaki, Parkinson's Movement Instructor

This program is free of charge.

Wednesdays: 11:45 a.m. to 12:45 p.m.

January: 9,16,23,30

February: 6,13,20,27

March: 6,13,20,27

April: 3,10,17,24

May: 1, 8,15,22,29

June: 5

100 Kirkpatrick St., 2nd Floor New Brunswick, NJ

Free Parking Available

Elevators to 2nd Floor from Parking Deck

For More Information: 732-745-7520 ext. 1

Donations to APDA are greatly appreciated.

Program may be cancelled due to weather and unforeseen circumstances.

Participants will be notified via email.







