

The Parkinson Journey: From Diagnosis to Treatment to Cure
Educational DVD produced by the St. Louis American Parkinson Disease Association (APDA)
Quiz for the Continued Medical Education Credits through Washington University School of
Medicine

(1) Please name the 4 “cardinal symptoms” of Parkinson’s disease (PD):

- a.
- b.
- c.
- d.

(2) Please name the 4 “secondary symptoms” of PD:

- a.
- b.
- c.
- d.

(3) Please name at least 4 other motor and non-motor symptoms of PD:

- a.
- b.
- c.
- d.

(4) What are 3 factors mentioned in the DVD that put individuals at risk for PD?

- a.
- b.
- c.

(5) Please circle the class of drugs used commonly to treat PD:

- a. Comp inhibitors
- b. MAO-B inhibitors
- c. Dopamine agonists
- d. Levodopa
- e. All of the above

(6) Please list at least 3 ways patients can manage their symptoms in ways other than or in addition to medication:

- a.
- b.
- c.