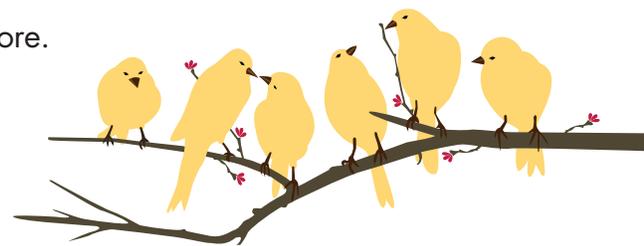


Are you caring for someone with Parkinson's disease?

A Care Partner Support program is now forming on the North Shore. This **twice monthly** group will offer you the chance to:

- Join with others to share the challenges you face
- Learn about resources and strategies
- Be part of a supportive and caring community



Activity and lunch are available for persons with PD at no additional cost.

When: Tuesdays, 12:30 – 2:00 p.m.
Jan. 14, 28, Feb. 11, 25, March 10, 31, April 14, 28, and May 12, 26

Where: Harriett and Ralph Kaplan Estates
240 Lynnfield Street, Peabody, MA 01960

Cost: Suggested contribution \$100 for 10 sessions

Facilitator: Stephanie Recchia, LICSW, Geriatric Medical Social Worker

For more information and to reserve a group spot and arrange for respite, please contact Anne Muskopf at amuskopf@jfcsboston.org or 781-693-5069.

"The group has been a lifeline. I feel less alone." —BK
"Sharing with others brings balance to my life." —LG

CHELSEA JEWISH LIFECARE

HARRIETT AND RALPH
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