

APDA MA Chapter

NEW PARKINSON'S DISEASE SUPPORT GROUP STARTING

FIRST MEETING: WED, SEPTEMBER 13

Time: 6 pm to 7:30 pm

Place: **Nevins Memorial Library,**

305 Broadway, Methuen, MA 01844

Contact: Julia Huestis 857-221-2460 (cell) or lowelljulia@msn.com

With questions, concerns, suggestions, etc.

Contact: Tracy J. Pekarski 978-686-4080 x 19 or tpekarski@nevinslibrary.org.

[To register](#) (not required) or with site questions.



**T
O
G
E
T
H
E
R**

Everyone is welcome:

- Those with Parkinson's Disease
- Those who care for someone with Parkinson's Disease.
- Not sure if it's for you? Come and find out!

2017 MEETING TOPICS

September 13 *Support & Parkinson's Disease: Why Support Groups Matter*

October 11 *The Miracle Worker: Parkinson's and Exercise*

Guest Speaker: Albert Latulippe of Rock Steady Boxing

November 8 *Building Support for You.*

Guest Speaker: Cathi Thomas from APDA.

December 13 *Humor, Parkinson's Disease and Holidays: How We Manage*

Dates: 2nd Wednesday of each month

2017 - 9/13; 10/11; 11/8; 12/13; 2018 - 1/10; 2/14; 3/14; 4/11; 5/9; 6/13; 7/11; 8/8.