

# Using Music To Improve Walking

If you enjoy listening to music while you walk,  
you may be interested in joining this study!

The Team of Physical Therapists and Researchers at the  
**Center for Neurorehabilitation at Boston University** are studying the power of  
music to help people with Parkinson disease improve their walking.

We are looking for individuals who:

- Are 18 years of age or older
- Have been diagnosed with Parkinson Disease
- Able to walk without assistance or an assistive device
- Do not have any other medical conditions that interfere with ability to walk

This research study will involve two visits (about 1 month apart) to Boston University to assess your Parkinson's symptoms and your walking ability. You will participate in the walking program while listening to music in your home or community over the course of 4 weeks.

Compensation for travel expenses is available.

**To participate, contact Jenna Zajac PT, DPT**

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**For more information about our research, visit:** <https://www.bu.edu/neurorehab/>

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