

About APDA

The American Parkinson Disease Association (APDA) is the largest grassroots network dedicated to fighting Parkinson's disease (PD) and works tirelessly to assist the more than 1 million Americans with PD live life to the fullest in the face of this chronic, neurological disorder. Founded in 1961, APDA has raised and invested more than \$170 million to provide outstanding patient services and educational programs, elevate public awareness about the disease, and support research designed to unlock the mysteries of Parkinson's disease and ultimately put an end to this disease. The Vermont Chapter has been serving Vermonters since 1998.



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The Robert W. Hamill, MD Respite Care Program



apda AMERICAN
PARKINSON DISEASE
ASSOCIATION
VERMONT CHAPTER
Strength in optimism. Hope in progress.



About the Program

The Robert W. Hamill, MD Respite Care Program was initiated by the Vermont Chapter of the American Parkinson Disease Association (APDA) in 2009 to support APDA's mission: *Every day, we provide the support, education, and research that will help everyone impacted by Parkinson's disease live life to the fullest.* The program continues to be supported by ongoing fundraising efforts and donations to the Vermont Chapter.



What is the Program For?

The APDA is very aware of the enormous contribution family care partners offer every day to people with Parkinson's disease. We also know caregivers cannot give unendingly without some time and space to recharge themselves. Sometimes, a care partner is not comfortable leaving a family member alone. This program is designed to help pay for short term home care to supplement the care usually provided by family members. This allows the family caregivers to know their loved one is safe in the home while they are gone.

How Does It Work?

The APDA Vermont Chapter has contracted with home care agencies and adult day programs throughout the state. To arrange for respite care, simply follow the steps below:

- ◇ Contact the APDA Vermont Chapter via the email address or phone number listed on this brochure.
- ◇ Have the physician who cares for the person with PD send a note confirming the diagnosis of PD and the need for respite care.
- ◇ Contact a local home care agency or adult day program to arrange care. We are happy to provide a list but we cannot make recommendations.
- ◇ A voucher is provided for 8 hours of respite care. Care can be provided in any increment. We will send the vouchers directly to your provider of choice.
- ◇ The agency will then submit an invoice to us for payment along with the signed vouchers.
- ◇ The maximum number of hours allowed for payment is 8 per month.



Eligibility Guidelines

- ◇ The person with PD and the caregiver must live together in Vermont.
- ◇ The APDA Vermont Chapter must receive a note from the physician confirming the diagnosis of PD.
- ◇ There are no income guidelines.



What Can the Respite Worker Do For Me?

- ◇ Services provided include personal care (hygiene, dressing, feeding), meal preparation, light housekeeping duties. In addition, the respite care provider may assist with home exercise programs and provide general companionship (cards, games, walks).
- ◇ Professional nursing services are *not* included in this program.
- ◇ The respite care worker cannot provide transportation for the client.
- ◇ The respite care worker may not dispense medications to the client. He or she may provide medication reminders.